#### CHAPTER I

#### INTRODUCTION

### 1.1 The Reason for Choosing the Topic

The experience of losing a loved in live is a universal phenomenon that gives pain for every person. This kind of loss called sadness. Sadness which is also known as sorrows, is a term used to describe painful emotions experienced when someone or something a person cares about either dies or lost. The emotional pain of losing a loved one whether it is a spouse, child, parent, friend, siblings can be the most severe suffering a person must be endure. The sadness that caused by loss of the loved one gives the emotional pain that every people has cope with.

Paul Ekman has developed the sadness study and contributes the idea about sadness. It becomes the foundation of theory of sadness. The event of loss that caused by the left of loved one creates a sorrow for people who experience it which gives and effect through their psychological. An individual experiencing sadness may become quiet or lethargic and with draw themselves from others.

Artist prefer to channel their sadness into their work leaving us with the endless song about everything from breakup to addiction to death. Sad song makes people embrace their feeling and sometimes sad song connects the listeners to personal events and memories. It allows listeners to bring negative emotions to the surface and move them out.

With the rise of the internet, especially Spotify and YouTube, people are allowed to choose what they want to listen to-no matter how old or new, whether cheerful or sad. Napier and Shamir (2018) in their academic journal at Lawrence

Technological University argued sadness are increased in popular music lyric. For this study Napier and Shamir gathered emotional sentiment contained in over six thousand songs that reach top 100 Billboard between 1951 and 2016. They emphasized that the survey did not indicate that music had changed, but rather that the public tasted musical change as the study covered the most popular song in each year. Around 2014 Ed Sheeran and some male artist such as Sam Smith and Bleachers revived the popularity of pop male song star, in mid of blissful trend they are united by their embrace of the melancholy. In this current research the writer will analyze sadness in male singer song. The writer chooses seven song of male singers entitled *Someone you loved*, *When I was your man*, *Jealous*, *Bad*, *I am not the only one*, *Talking to the moon*, *and Stay with me*. The writer finds a highlight issue about sadness that contain in love relationship. Most of the lyrics tell the story of someone who faces the loss of his lover.

For example, in *jealous* song, sadness became the key part of the lyric in terms of the speaker sorrowing his lover. *Jealous* sharing bitter emotion of someone when beloved person left. The speaker yearning for a love that has moved on with her life. Through the song it reflected how the speaker misses someone and is envious of her life without him. The speaker regrets that he does no not hold back his love. *When I was your man* song deals with similar theme, in the lyric the speaker losses his lover. He just recently break up from relationship because of his own faults. He is sad and blames his self because he cannot gives his best in relationship. He regrets because he cannot love her as much she does which he

realizes it after she decides to leave him and finds another man, it gives his sadness that he cannot hold on. The speaker felt lost he missed his lover very much.

The sadness phenomena in song lyrics of male is interesting topic to be discussed. Sadness that are involved in song lyrics are real life events theme that touch the heart of every living person. Male artists who have broken out the expectation express their sadness in the following trendy male singers. Sadness songs sung by male singers are more popular and stir more emotion than songs sung by women. The way the singer's pour their feeling honestly into a lyrics explain the deep state. They can translate their emotions into beautiful lyrics. The lyrics are written in meaningful simple dictions. Sad song that sung by male singers are chosen to be analyzed because their song are become the top chart billboard 100 in the US, which means most people love their songs.

## 1.2 The Objective and The scope of The Study

The scope of this research is focused on seven song of male singers, the writer decides to only focus on sadness that contain in love theme song lyrics. The title of the song are *Someone you loved, When I was your man, Jealous, Bad, I am not the only one, Talking to the moon, and Stay with me.* 

# 1.3 Formulation of the Problem

Based on the objective and the scope of the study there are two research questions that will help the writer to find how sadness represent in the lyrics of male singer. The question formulated into:

1. How sadness are represent in male singer song lyrics?

2. What are the causes of sadness in male singer song lyrics?

#### 1.4 Review of Related Literature

In this section, the writer wants to discuss the study that has been discuss previously about sadness expression also the theories that the writer will use to analyze sadness expression in male singer song lyrics.

## 1.4.1 Previous Study

A study of a similar topic has been made by Alfonsa Maria Theoterra Yoshanti (2010) at Sanata Dharma University, Yogyakarta. In her thesis she investigates the expression and experience of sadness toward Didi Kempot Song lyrics. Her investigation is based on questions that convey sadness representation in Didi Kempot songs.

The data collected from Didi Kempot popular album which contained sadness theme. Instead reading the lyric she also analyze sadness toward facial expression and body language. The result shows the experience of sadness in Didi Kempot song caused of losing someone who is loved. The expression of sadness is shown by facial expression, body language and posture. However Theotera mentions limited access to relevant literature being her challenge because not many author who discuss about sadness yet.

Tomi Chandra (2015) a student from Bung Hatta University also discusses similar topic in his thesis writing. The object of the research is The Best of Me a movie (2014). His research aims to describe how the words literally and non-

literally used to express the emotions of love and sadness. Although he does not only discuss sadness as an emotion his thesis however help the writer to know some steps that can be used to support the emotion analysis in literary works. Chandra provides description of relevant literature to distinguish emotion in language such the way words are used to convey the emotions. In the result of study he determines non literal words were dominantly used by the actors in the movie to express the emotion

#### 1.4.2 Theoretical Framework

In doing the research, the writer needs theories to analyze sadness in the lyrics. The function of theory is to explain, predict and make hypothesis to answer the problem. In order to determine sadness, the writer then applied some sadness emotion theory by Power and Dalgeish (2008), Levine et all (20018), and Lauressijen (2008).

Lyric can be classified as literature due to its similar structure of poem. Furthermore, to understanding the song as whole the writer applied song lyrics as a poetry it linked to the statement of Abraham (2009) who mentions lyric is a poem in short version. To achieve this purpose the lyric needs to interpret properly as the same way a poem is being analyzed. The structural approach is one way to exploring lyrics. This approach concentrates on the literary work itself. The writer will discover the sadness through intrinsic element in lyric especially diction and literary devices.

### **1.4.2.1 Song Lyric**

Song lyric is one of literary work that express human emotions, imaginations and feelings. The definition of lyric completely stated by Abraham (2009), he stated lyrics consisting the utterance of single speaker who expresses a state of mind or a process of perception, thought and feeling.

In addition lyrics has a function to deliver a message from composer to audience. Song lyric containing a text that communicate several concepts, including stories about something, the impression and experience of the songwriter, and comments or social opinion. The meaning contained in song lyrics can be implicit or explicit, abstract, and even incomprehensible. Therefore, song lyrics can cause some perceptions influenced by the level of understanding of people who come from several of life experiences and environmental aspects.

### **1.4.2.2 Structural Element of Poetry**

Structural elements are essential for researchers who want to analyze literary works. It help the researchers to understand the work itself before analyze the text. In this study the writer will explain the structural element of poetry that used they are diction or word, figurative language and imagery.

### 1. Choice of words (diction)

The feelings, thoughts, and experiences that the poet wishes to convey in his poem must be conveyed appropriately. The words chosen arranged in order to create aesthetic imagination which called poetic diction.

Diction or word selection has two aspects of meaning that are denotation and connotation. Denotation refers to an object or thing that is named by that word.

In other hand connotation commonly known as non-literal meaning in this case denotation carried the meaning from previous contexts that is denotation.

## 2. Figurative language

The poet uses figurative language to create powerful images that surprise the reader with their unexpected precision. The use of figurative language makes poetry come alive, fresh, and clarity. In this section the writer only employ some types that eventually appear lyrics that are similes, metaphor and personification.

Similes imply a comparison between two statements that do not relate, but are similar so that a certain sign with a certain meaning can be created. Similes has a comparison aspect like vehicle, tenor and connectives (the connector such as like, rather than, as, etc.). Similes specifically referred as "direct," "stated," or explicit comparison. Metaphors meanwhile imply identity rather than likeness. This figurative language has similar function with simile. The difference is that metaphor does not the use of connectives so that the structure like as usual. However metaphor can stand alone as a word or phrase. Sometimes in our daily conversation we find metaphor to state something. Thus, personification gives the inanimate objects like a human quality. It also compares two similar things but it emphasizes the things that can behave and talk.

## 3. Imagery

The poet use descriptive detail to present images or pictures so that the readers can share their visions. Like stone or metal recreates the reality of the artist in sculpture, images recreate the poet's reality in literature. Imagery may be

figurative or literal. An image or image of thought is an effect that closely resembles the image generated by the capture of the five human senses in the mind. Images vary according to what the five senses produce, which is visual imagery auditory imagery, olfactory imagery, gustatory imagery.

# 1.4.2.3 Sadness Expression

Sadness is the common emotion that is felt to response loss experience, it can be object or someone which important or meaningful in life. Ekman (1987) argues someone who is sad often look down, speak with low voice literally and lowered or hunched their posture.

Sadness is associated with physiological and physical activity such as reduced interest in the outer world, tiredness, low mood, rumination and decreased linguistic communication. Stearns (1993) points out that sadness is something like an emotion that focuses attention on the self and suggests that the person needs help. It is commonly recognized for fear and guilt that while these emotions have something expectant about them, the individual is usually not responsible for the things that have happened in reality. Moreover, the consciousness of an irrevocable separation, the loss of an attachment or valued element of the self, or the breaking of social links, is particularly associated with sadness. Specifically, Izard (1991), identifies sorrow as the result of loss by death or separation of a dear person.

Specific emotions following Power and Dalgeish (2008) are elicited by the perception of specific types of changes in the objective of status. When people perceive that a goal has been achieved or obstructed, emotion is evoked, it making

necessary for them to revise their behavior or their goals and beliefs. Sadness is evoked by the perception that the goal status is changing. People feel sad when they perceive that they are unable to maintain or attain a goal or valued state. To elaborate the explanations Power and Dalgeish (2008) noted some point about sadness:

- 1. There is a loss or failure appraisal, It can be important an object or thing in various degree or domain.
- 2. The loss criteria are not only permanent, it can be temporary separation from a loved one or loved place.
- 3. The type of sadness may vary it can from past, present, or future. Even the loss still in imagined, once the event has not happened yet.
- 4. The intensity or duration of sadness related to the valued of loss. The more valued the more sadness may feel for individual.

#### **Causes of Sadness**

Sadness often connected with un-happy feelings has been reported by Lauriswijen (2008). She also suggests that relationship problems are the most common situation that can cause sadness, especially the end of relationship (in many cases by death) and body-related problems such as illness and bad news. In his website, Paul Ekman cited the common trigger of sadness such as: a loved one's sickness or death, loss of some aspect of identity, disappointment with the unexpected result, rejection by a friend or lover, ending and good byes. It can be concluded, however, that the loss of a loved person or object is the common cause of sadness, even though this may differ between people, it then relies on their personal values.

W.Gerrord Parrot (2001) in his book Emotional in Social Psychology: Essential Reading categorizing sadness into six types, namely:

- 1. Suffering includes agony, suffering, hurt, anguish
- 2. Sadness includes depression, despair, hopelessness, gloom, glumness, sadness, unhappiness, grief, sorrow, woe, misery, melancholy.
- 3. Disappointment includes dismay, disappointment, and displeasure
- 4. Shame includes guilt, shame, regret, remorse.
- 5. Neglect includes alienation, isolation, neglect, loneliness, rejection, homesickness, defeat, dejection, insecurity, embarrassment, humiliation, insult.
- 6. Sympathy includes pity, sympathy.

#### 1.4.2.4 Sadness word

The emotions stated by Fiehler (2002) are not only seen as psychological processes, but also as socially forbidden and created entities. Since people do not regularly generate a particular facial muscle of basic. Lindquist and Maria (2013) argued using emotion terms in the experiment inflates the participants' "accuracy" to classify the emotions on the face. We use language to help us sort out the various ways we feel this emotion. Paul Ekman uses many words to describe sad feelings such as distraught, disappointed, dejected, and blue, depressed, discouraged, despairing, grieved, helpless, miserable, and sorrowful. Meanwhile Beger (2009) noted the most metaphor frequently used to describe sadness is "down". Down mean feeling low this metaphor linked to our physical experience while we are sad.

### 1.5 Method of Research

This is a qualitative research that determine sadness in song lyrics. A qualitative methodology depiction the result of study in natural way. This method takes several way to represent the symptom clearly. Gumilar Sumantri (2005:58) presents qualitative research investigates the construction of reality then the meaning behind it moreover qualitative research focus on the process of phenomenon.

In this research, the writer divides the data into two categories which are primary and secondary data. The primary data taken from song lyrics of male singer which contain sadness, moreover secondary data were taken from the reading materials from related books, articles, online references, and other academic writings related to the lyrics and the issue that the writer wants to analyze

To collect the data the key words popular song where searched on Spotify. As one of music platform hopefully Spotify is reliable and valid to ensure the song shown sadness as whole. Before choosing, the data examined to make sure that song contain sadness theme. The data is conducting by stratified purposive sample strategy. In this case, the writer takes an item that explains the average conditions but also a case that explains above condition or below average of a phenomenon.

The writer finds 19 song of male singers that potential to be analyzed in Spotify then, at the end only 7 song which chose as a sample. The sample selected based on criteria such as the rank and theme of sadness that contain. All of the data discussed about sadness in love relationship which leading on Billboard Hot 100 chart. The song come from 5 singers they are *Bruno Mars, Labrinth, Sam Smith*,

Lewis Capaldi and James Bay. In analyzing data, the writer decides to read the lyrics repeatedly to get a better understanding and adjust it to structuralism theory, so this will facilitate the writer in completing the study.