



Manuscript 124706 conditionally accepted for publication

14 messages

editorial@f1000research.com <editorial@f1000research.com>
To: azrita31@bunghatta.ac.id

Wed, Oct 12, 2022 at 6:26 PM

Dear Azrita

'Effect of feed enriched by products formulated from coconut water, palm sap sugar, and mushroom on the chemical composition of feed and carcass, growth performance, body indices, and gut micromorphology of giant gourami, Osphronemus goramy (Lacepède, 1801), juveniles'

Undefined A, Syandri H, Aryani N and Mardiah A

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Effect of feed enriched by products formulated from coconut water, palm sap sugar, and mushroom on the chemical composition of feed and carcass, growth performance, body indices, and gut micromorphology of giant gourami, *Osphronemus goramy* (Lacepède, 1801), juveniles

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ABSTRACT

Background: Giant gourami (*Osphronemus goramy*, Lacepede, 1801) is a freshwater species and of Indonesia's most important commercial fish, and most of the giant gourami are produced by aquaculture. The first purpose of this study is to determine the effect of various newly formulated products on the amino acid composition of the diet and whole-body carcass. The second aim is to analyse the growth coefficient, body indices, and gut micromorphology.

Methods: A total of 1.0 litres of palm sap sugar solution and 2.0 litres of mature coconut water were formulated. Each 1.0-litre of product formulated was added in turn to 2 g of *Aspergillus niger* (labeled CP2), 2 g of *Rhizopus oligosporus* (labeled CP3), and 2 g of *Saccharomyces cerevisiae* (labeled CP4). Commercial aquafeed to which freshwater was added was labeled CP1 (placebo). Aquafeed was added to CP1 and supplemented with CP2, CP3, and CP4 to make diets (labeled KP1, KP2, KP3, and KP4 diets). The fish dosage was 150 ml/kg of feed. Juvenile giant gourami (initial weight 50±0.25 g and length 13.2±0.07 cm) were reared in triplicate net frames (2 m × 1 m × 1 m; water volume 1.5 m³/frame nets) in a freshwater concrete pond with a stocking density of 30 juveniles/net

Results: The results supported our hypothesis that different product formulations have a significant effect ($P < 0.05$) on aquafeed nutrition and the whole-body carcass, growth coefficient, feed utilization, body indices, and gut micromorphology of giant gourami juveniles. The thermal growth coefficient strongly correlated with the daily growth coefficient ($r^2 = 91\%$). The KP3 diet contains a higher concentration of amino acids, which increased the growth coefficient, feed utilization, and carcass quality more than the other diets that we tested.

Conclusion: Diet KP3 contains higher total amino acids in diets and carcasses and leads to the better growth of giant gourami.

Keywords: Giant gourami, amino acid profile, growth performance, feed efficiency, coconut water, gut micromorphology

Commented [HJ1]: Re: figures within the article.

1) Unfortunately, only one of the four attachments is at the resolution we need for reproduction (300 dpi); this is the one for Figure 3. Please therefore could you provide jpegs (or another suitable file format such as tiffs) at 300 dpi for the other figures to be used. Thanks.

2) Is it possible to edit the text of the Legends for the Figures? Ideally, if you could provide them separately, with the Legends removed from the jpegs, we can do this. (Just for example in Figure 1, for the sense it seems it should be: 'Enteric section of fish fed KP1 diet'; and there is a missing bracket at end of the details for picture A.)

Commented [HJ2]: Query re: this second entry ('b'). The details are somewhat different to the name/ address entered into our system for this institution. Please confirm the correct details that should be used.

On our system, the last part of the address that was entered currently reads: '...Universitas Bung Hatta, Padang, Sumatera Barat, 25113, Indonesia'.

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Commented [HJ3]: Small sense issue. It seems there is a repetition of 'aquafeed' being added to CP1 (after all, CP1 has already had aquafeed added to it, it is the placebo). Also, KP1 it seems, must be the same as CP1 (it is not created by adding cp2, cp3 or cp4 to cp1) -and so there is a second small sense issue.

The sense is tricky to follow for me but possibly you want this sentence to read: 'CP1 was labelled as the KP1 diet; CP2, CP3 and CP4 were added to it in turn to create diets labelled KP2, KP3 and KP4.' ? (this seems to match your meaning)

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Commented [HJ4]: A note re: Peer Reviewers. I see you have changed the style 1000 ml to 1.0 litre for this manuscript – this looks like it is in response to the Peer Reviewer of the last F1000 article, who queried the style on this point.

I see that they said that the Abstract should contain the detail that the coconut and palm sap formulation is a percentage solution. Therefore, suggest adding this in here (unless there is a reason for its omission...)

It seems best to ask if you can you kindly double-check whether there are any other points they raised that should be applied to this new article. (This is to be on the safe side, with regard to matching all the reporting guidelines for articles and meeting Peer Reviewer expectations.)

I can see that one of the points the reviewer made in the case of the previous article didn't seem to match F1000 style, incidentally.

1- Introduction

In this decade, the production of capture fisheries has decreased; meanwhile, the demand for fish products for human consumption is increasing. Therefore 60% of fisheries production in the future will come from aquaculture activities and [this figure](#) will continue to rise¹ (FAO, [2018](#)). The utilization of a variety of fish for aquaculture has now increased the need for commercial feed^{2,3,4,5}. At the same time, for aquaculture operations, the cost of aquafeed is still a significant challenge^{2,6,7,8}. On the other hand, commercial feed produced by factories still does not contain complete nutrition for fish growth, ~~while being~~ ~~and is~~ acknowledged for its positive effects on food safety^{9,10,11}. In this context, enriching fish feed with cost-effective natural ingredient resources is key to increasing feed nutrient quality and feed efficiency in commercial fish farming and ensuring the sustainability of aquaculture operations^{2,12,13}.

The target is fish feed that is wealthy [in](#) many important nutrients, including protein, fat, vitamins, and minerals [s](#) that cultured fish can utilize to increase their growth rate and survival and that is beneficial for human health^{4,14,15,16}. Therefore, novel approaches have been developed to improve the nutrition of fish feeds, such as feed supplemented with EPA and DHA¹⁷, iodine and selenium¹⁰, methionine¹⁸, fish oil^{19,11}, and soybean oil²⁰. In addition, supplementing probiotics into the diet²¹ and supplemental glycine, prebiotics, and nucleotides in a soybean meal-based diet have been studied²².

[In](#) recent decades, research on nutrition and feeds for giant gourami have garnered increasing interest^{9,23,24}. Previous studies on the use of diets formulated with fish meal and azolla flour for giant gourami focused on ~~the effect of~~ the ratio of fish meal and azolla flour ~~on~~ fish growth²³. Juvenile giant gourami were fed diets supplemented with [a](#) recombinant growth hormone at different protein levels²⁵. ~~There was an effect of~~ Different feeding rates ~~had an effect~~ ~~on~~ the specific growth rate and feed [use](#)¹⁹. The addition of artificial feed combined with tubifex worm increased the growth performance of giant gourami juveniles²⁶. Whether using coconut water and palm sugar fermented with mushrooms has an effect on feed nutrition and body carcass is still not understood.

Coconut water has extraordinary nutritional value and contains sanity-friendly supplements like minerals, amino acids, fatty acids, vitamins, enzymes, organic acids, and several phenolic compositions^{27,28,29,30}. Palm sap sugar also has health benefits due to its essential nutrient content, such as a low glycaemic index, and [it](#) contains antioxidants, vitamins, and minerals^{31,32,33,34}. Meanwhile, ~~mishrooms have~~ ~~the fungus has~~ [been](#) widely used in fermentation due to ~~theirs~~ ability to degrade antigenic proteins in fish feed ingredients^{7,35,36}. ~~Some have~~ ~~Zhang et al.~~³⁷ reported that coconut water is a valuable nutrient

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Commented [HJ5]: Re: addition of 'FAO, 2018', suggest cut as it appears in the References (so it is duplication). Unless you incorporated the detail differently, eg having 'the UN's Food and Agricultural Organization forecast' or similar, within the sentence.

Commented [HJ6]: Small query re Reference nos – are they correct please, as they jump from '4' to '14, 15, 16'? This sort of jump also occurs elsewhere.

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Commented [HJ7]: Query re sense. A) In these lines of the paragraph down to the sentence about artificial feed and tubifex worm, are you talking about a range of different studies, separate from one another, that have been undertaken by others? If so this isn't really clear at present.

b) Also, does this sentence that started 'There was an effect' describe the results of the study in the previous sentence (involving feeding the fish a recombinant growth hormone)?

Commented [HJ8]: Query re: sentence construction. The last phrase, 'and feed use' seems misplaced for the sense, how should it be included, please?

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Commented [HJ9]: Please confirm 'sanity' is the desired word here, it seems possibly wrong

Commented [HJ10]: Query re word choice. I have changed 'fungus' to 'mushrooms' as I think this is what you mean and the phrase 'the fungus', mentioned like it was, seemed odd as a 'fungus' has not been mentioned before.

Commented [HJ11]: Note – I have cut 'Zhang et al' as in nearly all other cases, the names of authors are given in the references -and there is a reference indicator here

for the body to preserve the eye lens from diabetic cataracts in rats. Coconut water is also a treatment for burning pain during urination, dysuria, gastritis, **incineration** of the eyes, and indigestion³⁸.

Commented [HJ12]: Re word choice – please confirm 'incineration' (destruction by burning...) is correct.

On the other hand, Azrita *et al.*⁹ have reported using new formulations of products containing coconut water and palm sap sugar that are fermented with various mushrooms **involvingwith** a dosage of 300 ml/kg feed. Their newly formulated products can increase fatty acid levels in the diet and whole body carcasses. Besides that, **theyit** also improves giant gourami (*Osporonemus gourami*)'s growth performance and feeds efficiency.

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However, the effect of these new formulation products **atwith** a dosage of 150 ml/kg feed on the diet and body meat's **proximate** and amino acid composition has not yet been analyzed. In line with that, the relationships between thermal growth coefficient and condition factor, daily growth coefficient, and feed utilization coefficient, **-including** body indices parameters, as well as **the** gut micromorphology of giant gourami, have not yet been analyzed.

Commented [HJ13]: Re: grammar – is there a missing word here please? Currently, the word 'proximate' carries over to 'composition' (to make '...on the body meat's proximate composition...') – is this wording as it should be?

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We hypothesized that commercial aquafeed **combinedaded** with different newly formulated products **atwith** the dosage of 150 ml/kg feed could improve the amino acids compositions of the aquafeed and whole body carcass, body indices, and gut micromorphology. Hence, this investigation's first purpose **wasis** to analyze the effect of various newly formulated products on the diet's proximate compositions, amino acid composition, and whole-body carcass. The second aim **wasis** to analyze the impact of newly formulated products on the growth coefficient and relation to thermal growth coefficient, body indices, and gut micromorphology in giant gourami juveniles.

2. Materials and Methods

2.1. Study design Ethical approval

The Research and Community Service Ethics Committee at Universitas Bung Hatta approved this research. **The** Ministry of Education, Culture, Research and Technology of the Republic of Indonesia funded the research under grant No. 076/E5/PG.02.00. PT/2022 on March 16, 2022. Experiments were conducted under guidelines in the Standard Operating Procedure of Laboratory Aquaculture, Universitas Bung **Hatta**.

Commented [HJ14]: Please provide the approval permit number for this study.

Commented [HJ15]: Re: treatment of fish. F1000 Research follows the Arrive reporting guidelines for the treatment of animals and fish.

I see that in your earlier study published in F1000 Research, you include 5-6 lines about the ethical and humane treatment of the fish. I assume that the fish were treated in a similar way in this study? Suggest add similar details therefore, if they are applicable, to demonstrate the humane treatment in this new study.

On this subject, the sentence here about following the guidelines in the Standard Operating Procedure at Universitas Bung Hatta is (too) vague as the reader doesn't know what is being referred to.

2.2. Preparation of formulated product

We prepared 100 g of palm sap sugar by traditional production and cooked it in 1.0 litre of fresh water for fifteen minutes at 60°C. Then, it was cooled in an open space for twenty minutes. Furthermore, we also prepared 2.0 litres of mature coconut water (*Cocos nucifera*

L.) and mixed it with the 1.0 litres of palm sap sugar solution. The ~~solution~~-products ~~was~~ere stored for ten minutes in a cool air-conditioned room. A total of 3.0 litres of the formulated product was divided into three parts of 1.0 litre each. We added 2 g of Aspergillus niger (labeled as CP2 product) to the first part of the formulated product solution, 2 g of Rhizopus oligosporus (labeled as CP3 product) to the second part, and 2 g of Saccharomyces cerevisiae (labeled as CP4 product) to the third portion. The CP2, CP3, and CP4 products were fermented for 48-hrs in a jerry can (2.0 litres) using an Aerasi PUJIMAC, MAC-40 K 40 L/min. The products of CP2, CP3, and CP4 were used to enrich the nutrition of commercial aquafeed: (781-2, PT. Japfa Comfeed Indonesia, Tbk) and (labeled as the KP2, KP3, and KP4 diets). The aquafeed was supplemented with freshwater (labeled as the KP1 diet; placebo).

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2.3-Preparation of experimental diets

Giant gourami juveniles were adapted for one month to standard feed, namely floating commercial aquafeed 781-2 (pellet size 2 mm), which contained 10.66% water content, 30.10% crude protein, 4.09% crude fat, 45.35% total carbohydrates, 2.5% ash, and 9.18% crude fibre. The mMinerals in theof commercial feed were 280.08 mg/100 g Na, 1415.02 mg/100 g Ca, 1358.07 mg/100 g K, 1200.31 mg/100 g P, 292.03 mg/100 g Mg, 18.14 mg/100 g Fe, and 13.83 mg/100 g Zn. The aquafeed was added to freshwater to create the KPCP1 diet as observed, and supplemented with the formulated CP2, CP3, and CP4 products were added to the aquafeed at a dosage of 150 ml/kg of feed to create the enriched fish diets. The formulated product added to the aquafeed was mixed manually with it for three minutes to obtain maximum homogenization and then the blend was dried in the open air for thirty minutes. Thereafter~~Furthermore~~, it was given to the trial animal.

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Commented [HJ16]: (Note: I have adjusted the line that you added in for the sense.)

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2.4-Experimental procedures and sampling

In the present study, we measured fish weight using AD-600i scales with 0.001 g accuracy (ACIS model number AD-600i, China). At the same time, a meter ruler with 1 mm accuracy was used to estimate the body length. A total of 360 sago strain juveniles of giant gourami were counted; the initial mean weight was 50 ± 0.25 g, and the initial length was 13.2 ± 0.07 cm. For rearing juveniles, twelve nets framed with 2 m^3 (~~$2.0 \times 1.0 \times 1.0$~~ m) PVC pipe (water volume of 1.5 m^3) were placed inside two freshwater concrete ponds with a size of 18 m^3 (~~$6.0 \times 2.0 \times 1.5$~~ m). This experiment consisted of four treatments and three replicates, and each frame net was stocked with 30 juveniles. The giant gourami were fed the KP1, KP2, KP3, and KP4 diets three times a day (08:00, 12:00, and 17:00-hrs) during the 90-day feeding trial.

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Commented [HJ17]: Re: sense – please confirm the last words reflect your desired meaning, as I cannot visualize this (ie, the intention is not fully clear to me.)

Commented [HJ18]: Sense of 'replicates' unclear...do you mean 'replications'?

Juveniles of giant gourami were fed at a 3% body weight rate per day based on the percentage of stored biomass. Fish samples were collected every 30 days for body weight and length measurements. Ten fish per net frame were collected and anesthetized orally using clove oil. Then, their lengths and weights were measured. Prior to sampling, the fish fasted for 24 hours to empty their intestinal contents.

2.5. Proximate and amino acid composition

The diet samples and proximate carcass composition were analyzed using standard AOAC methods³⁹. The matter was dried to a constant weight at 105°C. We used the standard Kjeldahl method to analyse crude protein (N × 6.25). We used the Soxhlet method with ether extraction to analyse crude lipids; the ash was incinerated at 550°C for 16 hrs, whereas gross energy was measured in a bomb calorimeter. For amino acid analysis, the methods used were described by Cohen⁴⁰. The amino acid composition was determined by using a high-performance liquid chromatography (HPLC) system consisting of a water 1525 binary HPLC pump, 717 autosamplers (water ®), and water 2475 multi λ fluorescence detector optics (wavelengths: 250 nm for excitation and 395 nm for emission). It was hydrolysed in triplicate with 6 N hydrochloric acid for 24-hrs at 11 °C.

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Commented [HJ19]: Re: Reference to Cohen. To conform with the standard approach, the methods used should be indicated more in the body text of the article rather than just in the footnote...

(Please see covering email on this point.)

2.6. Nutrient utilization and body indices

The growth coefficients in the fish of animal experiments were measured by using the thermal growth coefficient (TGC), daily growth coefficient (DGC), total feed intake (FI), and protein efficiency ratio (PER) of giant gourami, was assessed using the following formulae:

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$TGC = [(final\ weight\ (g))^{1/3} - (initial\ weight\ (g))^{1/3}] / (mean\ water\ temperature\ (°C)) \times duration\ of\ rearing\ period\ (day)] \times 1000$

$DGC = (Wf^{1/3} - Wi^{1/3}) / duration\ of\ rearing\ period\ (day) \times 100$

FI as feed (FI as feed in g/fish/day) = Total feed fed / (n × t)

Commented [HJ20]: Is this a typo please?

PER = wet weight gain / total protein intake

Three fish from each net frame were sacrificed and dissected immediately to determine the Condition factor (CF), Viscerosomatic index (GSI%), Hepatosomatic index (HSI%), Visceral fat-somatic indexes (VFSI%), and Bilesomatic index (BSI) as given below:

CF = 100 × [weight of the juvenile (g) / Length of juvenile (cm)³]

GSI = 100 × [viscera weight (g) / whole body weight (g)]

HSI = 100 × [liver weight (g) / whole body weight (g)]

VFSI = 100 × [visceral fat weight (g) / whole body weight (g)]

BSI = 100 × [Bile weight (g) / weight of liver]

Commented [HJ21]: Presumably there is a missing (g) in brackets here...

2.7. Histological examination of the gut

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For histological analyses, each gut specimen of the animal was cut into the foregut, midgut, and hindgut. Moreover, the cells were cleaned in saline solution and fixed in Bouin's fixative solution for 24 hours. After sequential dehydration steps in alcohol, the gut samples were embedded in paraffin. The implanted tissue blocks were sectioned at 5 μm, and sections were consistently stained with Haematoxylin-eosin and observed under a light microscope (Olympus IX71) equipped with Image-Pro Plus 7.0 software. The digitalized analysis measures the micrometer length of various enteric structures of gut images. We determined the average fold height (hF), fold width (wF), and enterocyte height (hMV) of the gut per slice (5 fields per individual sample) according to procedures described by Li *et al.*¹⁸. The specific measurement method of gut samples is shown in Figure 1.

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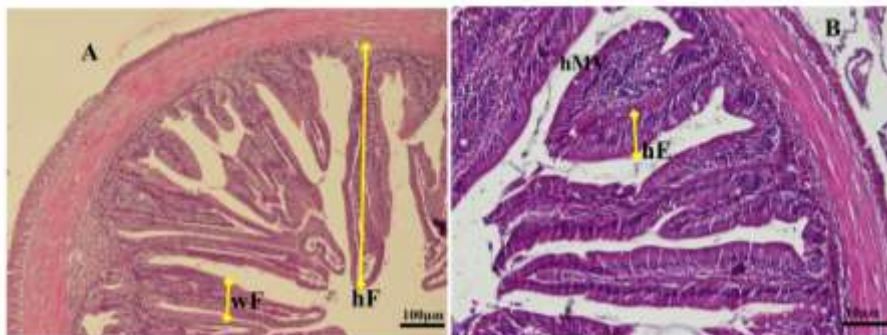


Figure 1. Transversal section photomicrographs of giant gourami juvenile foregut. Enteric section fish fed KP1 diet. (A) Fold height and fold width were analyzed in a lower magnification of objective lens of microscope (magnification × 100), (B) Enterocytes height and microvilli height were analyzed in a higher magnification of objective lens microscope (magnification × 200). hF = fold height, wF = fold width, hE = enterocyte height, hMV = microvillus height (hematoxylin and eosin).

2.8. Pond water quality

The water quality values of the freshwater concrete ponds that were used to rear the giant gourami juveniles were recorded weekly. The water samples were collected at 10:00 am.

at a depth of 20 cm from each concrete pond to determine the water temperature, dissolved oxygen, and pH [value](#). In addition, we also measured the total alkalinity, hardness, and nitrates of the water in the pond experiments. A thermometer (Celsius scale) was used to measure water temperature. To measure water dissolved oxygen (O_2 ; $mg\ L^{-1}$), [we used](#) an oxygen meter (YSI Model 52, Yellow Instrument Co, Yellow Spring, OH USA). A digital pH meter (Mini 0–14 pH IQ, Scientific Cemo Science, Thailand) was used to determine the pH values of water in the [pond](#)-experiments. The level of nitrate-nitrogen (NO_3-N ; $mg\ L^{-1}$), alkalinity ($mg\ L^{-1}$), and hardness ($mg\ L^{-1}$) were measured according to standard procedures⁴¹.

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[2.9](#)-Calculations and statistical method

The data from this study were reported [in the form of the as](#) mean \pm standard deviation for each treatment. Data were analysed [using by](#) the SPSS 16.0 software package (SPSS; Chicago, IL). Normality was tested using the Kolmogorov–Smirnov statistic. Homogeneity was checked using absolute residuals according to Levine's test. One-way ANOVA was used to determine the treatment effect, followed by a [post-hoc](#) Duncan's multiple range test⁴². To create the figures, [was used](#)-Microsoft Office Professional Plus 2019 [was used](#)-

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[3](#)-Results

[3.1](#)-Proximate and amino acid profiles of the diets

Commercial feed supplemented with different formulated products with the dosage of 150 [ml/kg](#) of feed significantly affects the proximate composition of diets. One-way ANOVA results showed a marginal interaction among treatments in the case of protein content ($F_{(3,8)} = 1.522, P = 0.282$), fat ($F_{(3,8)} = 5.663, P = 0.022$), carbohydrates ($F_{(3,8)} = 1.862, P = 0.214$), crude fibre ($F_{(3,8)} = 1.445, P = 0.300$), and ash ($F_{(3,8)} = 0.272, P = 0.844$), and the total energy content ($F_{(3,8)} = 1.112, P = 0.400$) differed considerably ($P < 0.05$) among the four diets ([Table 1](#)). Duncan's Post-hoc test revealed that the protein content ($21.6967 \pm 0.17\%$) was significantly higher ($P < 0.05$) in the KP3 diet than in the other treatments, while the carbohydrate ($31.19 \pm 0.38\%$), crude fibre ($2.82 \pm 0.06\%$), and ash ($6.67 \pm 0.06\%$) contents were significantly higher ($P < 0.05$) in the KP3 diet than in the other diets. Conversely, the total energy content was 240.88 ± 0.74 (kg calories/100 g), which was significantly higher ($P < 0.05$) in the KP3 diets than in the KP1, KP2, and KP4 diets ([Table 1](#)).

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The levels of free amino acids in the diets supplemented with different formulated products with a dosage of 150 ml/kg of feed are presented in [Table 1](#). All types of amino acids in the diets of KP1, KP2, KP3, and KP4 were significantly different ($P < 0.05$), except

for tryptophan, and there was no significant difference ($P > 0.05$) between KP2, KP3, and KP4. Among the essential amino acids, leucine and arginine were found in the highest amounts in the KP1, KP2, KP3, and KP4 diets. There was no significant difference ($P > 0.05$) in the alanine content between KP2 and KP3 diets and the cystine level in KP1 and KP3 diets. Of the nonessential amino acids, glutamic and aspartic acid represented a significant portion of all four diets.

The present study found significant differences in the overall free essential and nonessential amino acid pools in the KP1, KP2, KP3, and KP4 diets (Table 1). One-way ANOVA results exhibited a marginally significant interaction between experimental diets in terms of essential amino acids ($F_{(3,8)} = 11.371, P = 0.003$), nonessential amino acids ($F_{(3,8)} = 0.407, P = 0.752$), and overall amino acid pools (essential plus nonessential) ($F_{(3,8)} = 7.355, P = 0.011$). Duncan's Post-hoc test revealed that the free essential amino acids ($9.10 \pm 0.011\%$), nonessential amino acids ($12.91 \pm 0.004 \pm 0.00\%$), and overall amino acid pools (22.02%) were significantly higher ($P < 0.05$) in feed supplemented with CP3 products, followed by CP2, CP4, and CP1 products (Table 1).

Table 1. The experimental diets' proximate and amino acid composition (% dry matter). Mean \pm SD*. Mean values with different superscript letters in the same row are significantly different ($P < 0.05$).

	KP1	KP2	KP3	KP4
<i>Proximate composition</i>	% dry weight basis			
Dry matter	38.42 \pm 0.25	38.27 \pm 0.01	37.59 \pm 0.16	38.41 \pm 0.10
Crude protein	19.68 \pm 0.41 ^a	20.27 \pm 0.13 ^b	21.70 \pm 0.18 ^c	20.44 \pm 0.10 ^d
Crude lipid	3.41 \pm 0.02 ^a	3.67 \pm 0.13 ^b	3.50 \pm 0.02 ^{ac}	3.48 \pm 0.04 ^a
Carbohydrate	26.37 \pm 0.17 ^a	29.50 \pm 0.54 ^b	31.19 \pm 0.38 ^c	30.57 \pm 0.06
Crude fibre	2.23 \pm 0.05 ^a	2.36 \pm 0.01 ^b	2.82 \pm 0.06 ^c	2.45 \pm 0.06
Ash	2.75 \pm 0.03 ^a	6.66 \pm 0.05 ^b	6.57 \pm 0.04 ^c	6.67 \pm 0.06 ^d
Energy total (kg calorie/100 g)	240.87 \pm 0.38 ^a	234.41 \pm 0.30 ^b	240.88 \pm 0.74 ^{ac}	237.11 \pm 0.43 ^d
<i>Amino acid composition</i>				
EAA				
Leucine	1.36 \pm 0.01 ^a	1.42 \pm 0.01 ^b	1.46 \pm 0.01 ^c	1.36 \pm 0.01 ^d

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Isoleucine	0.76 ± 0.01 ^a	0.79 ± 0.01 ^b	0.81 ± 0.01 ^c	0.76 ± 0.01 ^d
Lysine	0.95 ± 0.01 ^a	1.10 ± 0.01 ^b	0.98 ± 0.01 ^c	1.20 ± 0.01 ^d
Valine	0.86 ± 0.01 ^a	0.94 ± 0.01 ^b	0.96 ± 0.01 ^c	0.89 ± 0.01 ^d
Threonine	0.79 ± 0.02 ^a	0.92 ± 0.01 ^b	1.04 ± 0.01 ^c	0.83 ± 0.01 ^d
Arginine	1.02 ± 0.01 ^a	1.19 ± 0.01 ^b	1.30 ± 0.01 ^c	1.03 ± 0.01 ^d
Phenylalanine	0.67 ± 0.01 ^a	0.93 ± 0.01 ^b	1.05 ± 0.01 ^c	0.77 ± 0.01 ^d
Tyrosine	0.43 ± 0.01 ^a	0.53 ± 0.00 ^b	0.57 ± 0.06 ^c	0.45 ± 0.01 ^d
Methionine	0.18 ± 0.01 ^a	0.26 ± 0.01 ^b	0.30 ± 0.01 ^c	0.21 ± 0.01 ^d
Histidine	0.40 ± 0.01 ^a	0.50 ± 0.01 ^b	0.57 ± 0.01 ^c	0.43 ± 0.01 ^d
Tryptophan	0.06 ± 0.01 ^a	0.11 ± 0.01 ^b	0.07 ± 0.00 ^{bc}	0.09 ± 0.01 ^{bd}
NEAA				
Alanine	0.85 ± 0.01 ^a	0.94 ± 0.01 ^b	0.87 ± 0.06 ^c	0.97 ± 0.01 ^{bd}
Serine	1.01 ± 0.01 ^a	1.12 ± 0.01 ^b	1.23 ± 0.01 ^c	1.01 ± 0.01 ^d
Glycine	1.15 ± 0.01 ^a	1.32 ± 0.01 ^b	1.29 ± 0.01 ^c	1.19 ± 0.01 ^d
Proline	1.01 ± 0.01 ^a	1.05 ± 0.01 ^b	1.03 ± 0.01 ^c	1.03 ± 0.02 ^d
Aspartic acid	1.25 ± 0.01 ^a	1.50 ± 0.01 ^b	1.40 ± 0.01 ^c	1.56 ± 0.01 ^d
Glutamic	2.15 ± 0.03 ^a	2.88 ± 0.03 ^b	2.59 ± 0.01 ^c	3.01 ± 0.03 ^d
Cystine	0.09 ± 0.01 ^a	0.07 ± 0.01 ^b	0.04 ± 0.01 ^c	0.09 ± 0.01 ^{ad}
∑EAA	7.56 ± 0.003 ^a	8.70 ± 0.003 ^b	9.03 ± 0.003 ^c	8.04 ± 0.003 ^d
∑NEAA	7.51 ± 0.008 ^a	8.88 ± 0.007 ^b	8.88 ± 0.004 ^c	8.84 ± 0.008 ^d
∑AA	15.07 ± 0.004 ^a	17.58 ± 0.002 ^b	17.91 ± 0.00 ^c	16.88 ± 0.003 ^d

* Values represent the means of triplicate samples.

3.2. Proximate and amino acid profile of the whole body of giant gourami

Feed ~~C~~ommercial feed combined ~~added~~ with a new formulation product significantly affected the proximate carcass composition of juvenile giant gourami. One-way ANOVA results showed a marginal interaction among group treatments in the case of protein contents ($F_{(3,8)} = 1.522$, $P = 0.282$), fat ($F_{(3,8)} = 5.663$, $P = 0.022$), carbohydrates ($F_{(3,8)} = 1.862$, $P = 0.214$), and crude fibre ($F_{(3,8)} = 1.445$, $P = 0.300$). Duncan's Post-hoc test revealed that the protein content ($21.69 \pm 0.17\%$), fat ($3.47 \pm 0.03\%$), carbohydrates ($31.18 \pm 0.37\%$), and crude fibre ($2.81 \pm 0.05\%$) were significantly higher ($P < 0.05$) in the KP3 diet than in the

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other treatments. Meanwhile, the carcass protein content of fish fed KP1, KP2, and KP4 was not significantly different ($P > 0.05$) between treatments. For the energy total, KP3 was significantly higher ($P < 0.05$) than the other treatments (Table 2). However, the moisture content of the carcass did not show any significant variation among the KP1, KP2, KP3, and KP4 diets.

The mean quantities of total amino acids in the carcasses of *O. goramy* fed different diets are given in Table 2. Lysine and leucine represented a significant portion of the essential amino acids of the whole body carcass, and methionine was present in small quantities in all of the whole-body meat. Of the nonessential amino acids, glutamic acid, aspartic acid, and alanine were the highest, and cystine was the lowest for all whole-body carcasses of giant gourami fed different diets. The levels of glutamic acid were significantly higher in carcasses of fish fed the KP3 diet than in those provided the KP1, KP2, and KP4 diets.

Table 2. Whole-body proximate and amino acid composition of giant gourami after a 90-day feeding trial. Mean \pm SD^{*}. Mean values with different superscript letters in the same row are significantly different ($P < 0.05$).

	KP1	KP2	KP3	KP4
<i>Proximate composition</i>	%, dry wet basis			
Dry matter	64.59 \pm 0.16	64.51 \pm 0.34	64.14 \pm 0.33	64.24 \pm 0.12
Crude protein	28.64 \pm 0.28 ^a	28.07 \pm 0.79 ^{ab}	28.85 \pm 0.45 ^c	28.66 \pm 0.44 ^{ad}
Crude fat	2.79 \pm 0.03 ^a	2.88 \pm 0.02 ^b	2.67 \pm 0.04 ^c	3.00 \pm 0.02 ^d
Carbohydrate	1.38 \pm 0.01 ^a	1.99 \pm 0.06 ^b	1.97 \pm 0.09 ^c	1.31 \pm 0.02 ^d
Crude fibre	0.97 \pm 0.02 ^a	0.68 \pm 0.01 ^b	0.83 \pm 0.02 ^c	0.95 \pm 0.04 ^d
Ash	1.63 \pm 0.02 ^a	1.70 \pm 0.02 ^b	1.54 \pm 0.01 ^c	2.11 \pm 0.04 ^d
Energy total (kg calorie/100 g)	144.77 \pm 1.58 ^a	155.48 \pm 1.26 ^b	157.90 \pm 0.91 ^c	149.60 \pm 0.29 ^d
<i>Amino acid composition</i>				
<i>EAA</i>				
Leucine	2.13 \pm 0.01 ^a	2.37 \pm 0.01 ^b	2.42 \pm 0.01 ^c	2.26 \pm 0.01 ^d
Isoleucine	1.13 \pm 0.01 ^a	1.25 \pm 0.01 ^b	1.38 \pm 0.01 ^c	1.19 \pm 0.01 ^d

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Lysine	2.77 ± 0.01 ^a	3.16 ± 0.02 ^b	3.88 ± 0.01 ^c	2.86 ± 0.01 ^d
Valine	1.26 ± 0.01 ^a	1.40 ± 0.01 ^b	1.32 ± 0.01 ^c	1.35 ± 0.01 ^d
Threonine	1.38 ± 0.02 ^a	1.49 ± 0.01 ^b	1.43 ± 0.01 ^d	1.48 ± 0.01 ^d
Arginine	1.58 ± 0.01 ^a	1.71 ± 0.01 ^b	1.63 ± 0.01 ^c	1.70 ± 0.01 ^d
Phenylalanine	1.02 ± 0.01 ^a	1.11 ± 0.01 ^b	1.08 ± 0.01 ^c	1.11 ± 0.01 ^d
Tyrosine	0.80 ± 0.01 ^a	0.84 ± 0.00 ^b	0.83 ± 0.01 ^c	0.85 ± 0.06 ^d
Methionine	0.15 ± 0.01 ^a	0.21 ± 0.01 ^b	0.18 ± 0.01 ^c	0.16 ± 0.01 ^d
Histidine	0.55 ± 0.01 ^a	0.56 ± 0.01 ^{ab}	0.59 ± 0.01 ^{ac}	0.57 ± 0.01 ^d
Tryptophan	0.08 ± 0.01 ^a	1.02 ± 0.01 ^b	1.08 ± 0.01 ^{ac}	0.06 ± 0.00 ^d

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Alanine	1.86 ± 0.01 ^a	2.08 ± 0.01 ^b	2.92 ± 0.01 ^c	1.97 ± 0.01 ^d
Serine	1.28 ± 0.01 ^a	1.31 ± 0.01 ^b	1.26 ± 0.01 ^c	1.31 ± 0.01 ^d
Glycine	1.58 ± 0.01 ^a	1.68 ± 0.01 ^b	1.61 ± 0.01 ^c	1.77 ± 0.01 ^d
Proline	1.06 ± 0.01 ^a	1.16 ± 0.01 ^b	1.08 ± 0.01 ^c	1.16 ± 0.01 ^d
Aspartic acid	2.71 ± 0.01 ^a	3.08 ± 0.01 ^b	3.79 ± 0.01 ^c	2.77 ± 0.01 ^d
Glutamic	4.36 ± 0.03 ^a	4.92 ± 0.01 ^b	4.97 ± 0.01 ^c	4.66 ± 0.01 ^d
Cystine	0.06 ± 0.01 ^a	0.09 ± 0.01 ^b	0.06 ± 0.01 ^c	0.05 ± 0.01 ^d
∑EAA	12.68 ± 0.003 ^a	15.13 ± 0.005 ^b	15.82 ± 0.001 ^c	13.61 ± 0.008 ^d
∑NEAA	12.91 ± 0.007 ^a	14.32 ± 0.01 ^b	15.69 ± 0.002 ^c	13.50 ± 0.001 ^d
∑AA	25.59 ± 0.003 ^a	29.45 ± 0.04 ^b	31.51 ± 0.001 ^c	27.11 ± 0.004 ^d

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* Values represent the means of triplicate samples.

When the overall quantities of total essential and nonessential amino acids were compared, the whole-body carcass amino acid content was significantly lower ($P < 0.05$) in fish fed the KP1 diet than in those fed the KP2, KP3, and KP4 diets (Table 2). The number of amino acids (essential plus nonessential) in the carcasses of fish fed the KP3 diet was significantly higher than that in fish fed the KP1, KP2, and KP4 diets.

3.3. Growth coefficient and survival

The growth coefficient and feed utilization of the giant gourami juveniles displayed significant differences among the diets. One-way ANOVA results exhibited a marginally

significant difference between experimental diets in the case of the thermal unit growth coefficient ($F_{(3,8)} = 153.99$, $P = 0.458$), and daily growth coefficient ($F_{(3,8)} = 59.88$, $P = 0.288$). While total feed intake (% BW day⁻¹) ($F_{(3,8)} = 14.938$, $P = 0.56$), and protein efficiency ratio ($F_{(3,8)} = 15.78$, $P = 0.29$) also showed significant differences ($P < 0.05$) among the treatment diets (Figure 2).

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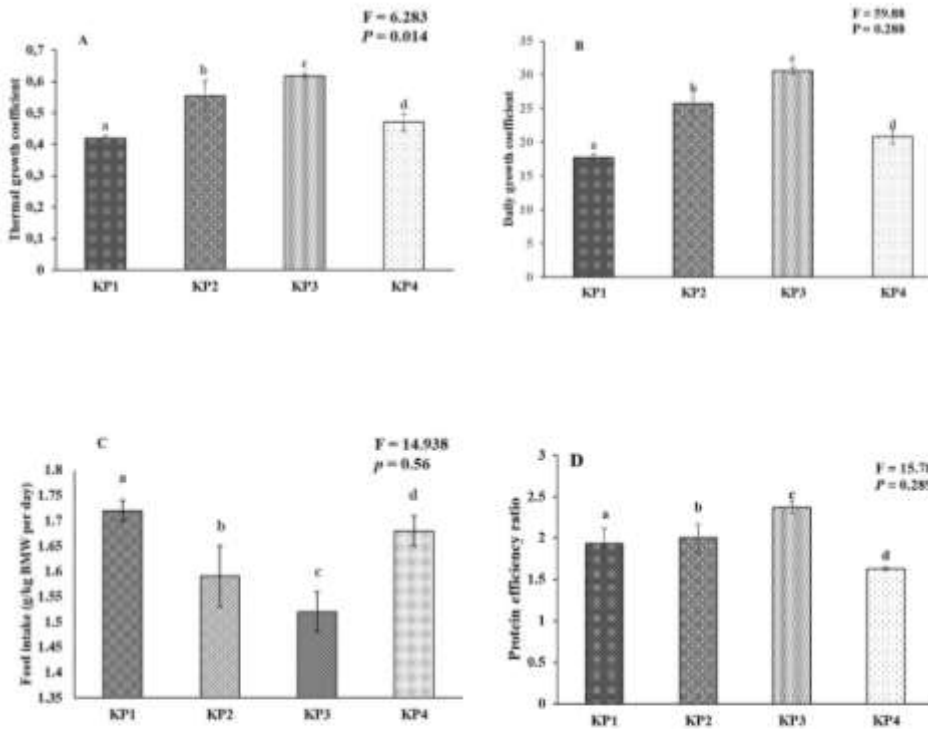


Figure 2. Growth coefficient and feed utilization of the giant gourami juveniles reared under different diets during 90 days of the experiment period, (A) thermal growth coefficient (TGC), (B) daily growth coefficient (DGC), (C) feed intake (FI), and (D) protein efficiency ratio (PER). The mean value and standard deviation (mean \pm SD) are presented for giant gourami ($n = 3$). Different superscripts in the bar diagram of the giant gourami juvenile TGC, DGC, FI, and PER indicate significant differences among other diets ($P < 0.05$, One-way ANOVA Duncan Post-Hoc)

Furthermore, the thermal growth coefficient (TGC) has often been used to predict growth performance and fish farming production with fish-rearing water temperature. This study presents the relationship between thermal growth coefficient and condition factor, daily growth coefficient, and protein efficiency ratio (Figure 3). The thermal growth coefficient had strong relationships with the condition factor ($r^2 = 0.777$, figure 3A), daily growth coefficient ($r^2 = 0.999$, figure 3B), and protein efficiency ratio ($r^2 = 0.749$, figure 3D), while the thermal growth coefficient ~~that~~ had a moderate relationship with the feed intake ($r^2 = 0.699$, figure 3C).

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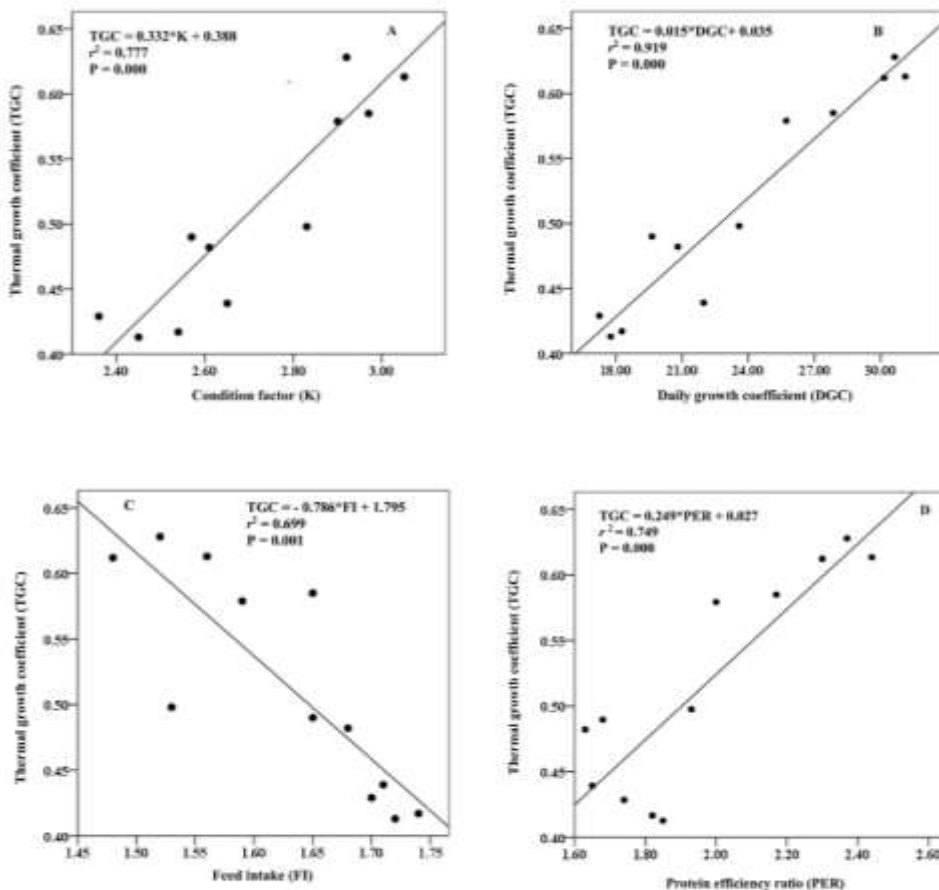


Figure 3. Relationship between thermal growth coefficient and condition factor (A), daily growth coefficient (B), feed consumption (C) and protein efficiency ratio (D) of giant gourami, fed diets supplemented with a new product formulated differently during 90 days.

3.4. Condition factor and body indices of giant gourami after 90 days of feeding

The condition factor was significantly different between diets ($F_{(3,8)} = 19.98, P = 0.566$) in the present study; while the GSI, HIS, and VFSI displayed marginally significant differences between diets. The HIS was significantly ($F_{(3,8)} = 5.389, P = 0.500$) higher in the KP3 diet, but KP1, KP2, and KP4 diets had no significant differences among them (Table 3). GSI was significantly ($F_{(3,8)} = 10.492, P = 0.243$) in the KP3 diet and significantly among all different diets. The VFSI was not considerably different among the KP1, KP2, and KP4 diets. The Duncan's *p*-test revealed that the HIS ($1.30 \pm 0.13\%$), GSI ($4.15 \pm 0.36\%$), and VFSI ($2.75 \pm 0.34\%$) were significantly higher ($P < 0.05$) in the KP3 diet than in the other diets. Meanwhile, BSI showed no significant difference ($P > 0.05$) among the treatment diets (Table 3).

Table 3. Mean (\pm SD) value condition factor and body indices of giant gourami during the 90-day experimental period. Mean values with different superscript letters in the same row are significantly different ($P < 0.05$).

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Growth coefficients	KP1	KP2	KP3	KP4
Condition factor (CF)	2.45 ± 0.09 ^a	2.90 ± 0.07 ^b	2.92 ± 0.13 ^c	2.61 ± 0.04 ^d
Viscerosomatic index (GSI%)	3.20 ± 0.21 ^a	3.77 ± 0.09 ^b	4.15 ± 0.36 ^c	3.17 ± 0.02 ^d
Hepatosomatic (HIS%)	0.97 ± 0.05 ^a	1.06 ± 0.19 ^{ab}	1.30 ± 0.13 ^c	1.04 ± 0.12 ^{ad}
Visceral fat-somatic indexes (VFSI%)	2.15 ± 0.13 ^a	2.29 ± 0.22 ^{ab}	2.75 ± 0.34 ^c	1.74 ± 0.21 ^{ad}
Bilesomatic (BSI%)	10.11 ± 0.76	10.58 ± 1.01	10.48 ± 1.28	10.29 ± 0.77

3.5. Gut micromorphology

The gut morphometric measurements of giant gourami juveniles are presented in Table 4. Fish gut micromorphology was significantly affected by different feeds. One-way ANOVA results showed a significant effect of feed differences between groups in terms of foregut fold height ($F_{(3,8)} = 816.70, P = 0.135$), foregut fold width ($F_{(3,8)} = 129.34, P = 0.974$), height of the foregut ($F_{(3,8)} = 169.80, P = 0.882$), and microvillus height of the foregut ($F_{(3,8)} = 56.01, P = 0.285$). The Duncan's post-hoc test demonstrated that the foregut fold height ($434.13 \pm 1.76 \mu\text{m}$), fold width ($53.23 \pm 0.88 \mu\text{m}$), enterocyte height ($27.42 \pm 0.42 \mu\text{m}$), and microvillus height ($2.79 \pm 0.45 \mu\text{m}$) were significantly higher ($P < 0.05$) in fish fed the KP3 diet than those fed the other diets. For the midgut, one-way ANOVA results showed a significant interaction among treatments in the case of fold height ($F_{(3,8)} = 5602.628, P = 0.055$), fold width ($F_{(3,8)} = 129.341, P = 0.974$), enterocyte height ($F_{(3,8)} = 169.809, P = 0.882$), and microvillus height ($F_{(3,8)} = 56.016, P = 0.285$). The Duncan's post-hoc test showed that the fold height of the midgut ($324.96 \pm 1.43 \mu\text{m}$), fold width ($61.50 \pm 1.02 \mu\text{m}$), and enterocytes ($32.82 \pm 0.54 \mu\text{m}$) were significantly higher ($P < 0.05$) in fish fed the KP3 diet, whereas microvillus height was significantly higher in fish fed the KP2 diet (Table 4). Fish fed the KP3 diet showed a higher fold height of the hindgut ($F_{(3,8)} = 5459.01, P = 0.066$), fold width ($F_{(3,8)} = 271.94, P = 0.865$), enterocyte height ($F_{(3,8)} = 299.180, P = 0.821$), and microvillus height ($F_{(3,8)} = 253.57, P = 0.316$).

3.6. Pond water quality

The pond water quality values of the giant gourami juvenile rearing freshwater concrete ponds were recorded; water temperatures, dissolved oxygen (DO), total alkalinity, hardness, pH, and nitrates were in the range of typical values as given by WHO/FAO, as shown in Table 5.

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Table 4. Gut micromorphology of giant gourami juveniles fed different diets for 90 days. Mean values with different superscript letters in the same [lane] are significantly different ($P < 0.05$).

	Foregut				Midgut				Hindgut			
	hF (μm) ^a	wF (μm) ^b	hE (μm) ^c	hMV (μm) ^d	hF (μm)	wF (μm)	hE (μm)	hMV (μm)	hF (μm)	wF (μm)	hE (μm)	hMV (μm)
KP1	336.17±5.59 ^a	51.30±0.85 ^a	26.21±0.43 ^a	2.56±0.45 ^a	227.50±0.16 ^a	47.16±0.78 ^a	24.31±0.31 ^a	1.64±0.03 ^a	213.92±0.19 ^a	42.91±0.59 ^a	20.22±0.25 ^a	1.49±0.02 ^a
KP2	343.43±1.38 ^b	52.14±0.86 ^b	26.84±0.44 ^b	2.77±0.45 ^b	274.61±1.21 ^b	58.12±0.97 ^b	29.87±0.49 ^b	1.85±0.01 ^b	243.51±1.07 ^b	53.01±0.88 ^b	28.00±0.46 ^b	1.64±0.01 ^b
KP3	434.13±1.76 ^c	53.2±0.88 ^a	27.42±0.42 ^c	2.79±0.45 ^c	324.96±1.43 ^c	61.50±1.02 ^c	32.82±0.54 ^c	1.80±0.03 ^c	305.60±1.35 ^c	60.02±0.99 ^c	29.54±0.49 ^c	1.77±0.02 ^c
KP4	321.18±1.42 ^d	50.20±0.83 ^{ad}	25.62±0.79 ^d	2.31±0.07 ^d	228.45±1.01 ^{ad}	56.95±0.95 ^d	29.19±0.48 ^d	1.69±0.01 ^d	217.69±0.96 ^d	61.64±1.03 ^d	24.32±24.32 ^d	1.40±0.01 ^d

^a hF = fold height
^b wF = fold width
^c hE = enterocyte height
^d hMV = microvillus height

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Table 5. The average values and range of water quality parameters in the concrete pond during the 90-days of experiment.

Water quality parameters	n	Mean ± SD	Range	WHO/FAO limits	References
Water temperatures ($^{\circ}\text{C}$)	45	28.01 ± 1.06	27 - 30	25-33	Prokoso <i>et al.</i> ⁴³
Dissolved Oxygen (mg L^{-1})	14	6.01 ± 0.14	5.80 – 6.20	3-5	Syandri <i>et al.</i> ⁴⁴
Total alkalinity (mg L^{-1} as CaCO_3)	14	58.09 ± 3.33	52.5 - 62.5	120	Boyd <i>et al.</i> ⁴⁵
Hardness (mg L^{-1} as CaCO_3)	14	66.34 ± 1.32	65 - 68.5	168	Boyd <i>et al.</i> ⁴⁵
pH	14	7.48 ± 0.19	7.2 – 7.8	6.5 – 9.0	Boyd <i>et al.</i> ⁴⁵
Nitrates (mg L^{-1})	14	0.04 ± 0.01	0.03 – 0.05	0.2 – 219	Boyd and Tucker ⁴⁶

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4. Discussion

The chemical analysis of fish feed is essential because it provides valuable information to aquafeed nutritionists concerned with readily available sources of proximate and amino acid compositions, including minerals and vitamins. This study investigated the nutritional quality of fish feed enriched with three different formulation products and one as a placebo. Dietary protein levels for giant gourami ranged from 19.68 to 21.70%. Overall, the crude protein content in the feed of this study was within the ranges observed by other authors^{47,48,49}. The Giant gourami belongs to a group of herbivorous fish⁵⁰. Generally, herbivorous fish require a lower dietary protein level than carnivorous fish^{51,49}. Reducing the protein content of aquafeed is one method to increase continuous fish farming, by diminishing feed costs and reducing the impact on the aquatic environment^{2,52}. The fat content of the feed ranged from 3.41 to 3.67%, which is similar to the feed fat content for juvenile grass carp, *Ctenopharyngodon idella*⁵³, and lower than the feed fat content for the herbivorous fish *Ancistrus cirrhosis*⁴⁸—and for rearing Rohu, *Labeo rohita*⁵⁴. At the same time, the carbohydrate content of all feed treatments ranged from 26.37 to 31.19%, and the energy total (kg calorie/100 g) was between 234.41 and 240.87. Although protein content as an energy source for the maintenance and growth of giant gourami is relatively low, energy can be acquired from either protein or nonprotein sources, *i.e.*, fat and carbohydrates.

In the present study, the commercial fish feed was enriched with natural sources, *i.e.*, formulated products of mature coconut water and palm sap sugar fermented with various fungi (*Aspergillus niger*, *Rhizopus oligosporus*, and *Saccharomyces cerevisiae*); ~~In the the recent past, the~~ dose used ~~was~~ 300 ml/kg of feed. This method is a new approach that has been developed by Azrita *et al.*⁹—to improve feed nutrition and whole body carcasses, covering fatty acids, the atherogenic index and thrombogenic, feed efficiency, and growth performance of giant gourami. ~~Here, w~~We continued the investigation's study by reducing the feed dose to 150 ml/kg. This study's results found that supplementing feed with newly formulated products can increase feed nutrition, covering amino acids in diet and body meat, and the growth coefficient of giant gourami. Several authors have reported increasing feed nutrition and maximizing the digestive enzyme activity of aquacultured fish by providing feed supplemented with EPA and DHA¹⁷, iodine and selenium¹⁰, methionine¹², fish oil^{19, 11}, and soybean oil²⁰. In addition, the provision of feed has been supplemented with probiotics²¹, glycine, and prebiotics²². In this study, mature coconut water and palm sap sugar solution fermented with various fungi were used to supplement fish feed. In addition to coconut water

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and palm sugar, mushrooms also play a role in increasing feed nutrition. However, it's better to use *Rhizopus oligosporus*. As in the present study, Varzakas⁵⁵ and Vong *et al.*⁵⁶ showed that *Rhizopus oligosporus* can produce various extracellular enzymes. *Aspergillus sp.* has a high capacity to degrade antigenic proteins, including carbohydrases, proteases, lipases, and phosphatases, when used for fermenting plant-sourced fish feed ingredients^{12,57}. *Saccharomyces cerevisiae* is one of the most acclaimed microorganisms. Its effectiveness is due to its useful composition, such as "β-glucans, nucleic acids, mannan oligosaccharides and chitin," which are used for fermented ingredients^{7,58}.

The composition of amino acids can be used to judge the quality of feed. In the present study, feed supplemented with different formulated products, leucine, arginine, and glutamic acid were the most abundant free amino acids (FAAs). Similarly, in other studies on fish feed, such as feed for largemouth bass, *Micropterus salmoides*, the feeds were supplemented with glycine, prebiotics, and nucleotides in a soybean meal-based diet²². Feed for pacu, *Piaractus mesopotamicus*, was supplemented with an essential amino acid⁵⁹, and feed for snubnose pompano, *Trachinotus blochii*, was supplemented with different levels of protein⁶⁰. Apparently, supplementing feed with different ingredients is common, and in other species, leucine, arginine, and glutamic acid were the most abundant FAAs. Conversely, methionine levels were low in all experimental feeds. Methionine is one amino acid that must be available in fish feed because methionine is needed to protect body cells from stress. For optimal growth of juvenile hybrid grouper, 1.89% methionine is required in the feed¹⁸. The experimental feed contained 0.18–0.30% methionine, but whether this amount is sufficient for the needs of giant gourami is poorly understood.

In the current study, the nonessential amino acid compositions were slightly higher than the essential amino acid compositions in all the experimental diets. ~~It was higher in t~~The KP3 diet ~~was higher~~ than the other diets. In contrast, the essential amino acids of fish feed for snubnose pompano were slightly higher than the nonessential amino acids ~~conten~~⁶⁰. This difference may be caused by differences between freshwater fish and marine fish. As in the present study, Prabu *et al.*⁶⁰ reported that different dietary protein levels also caused different pools of FAAs, including limiting essential amino acid types in the diet⁵⁹ and supplemental glycine, prebiotic, and nucleotide levels in the soybean meal-based diet²². In the present study, this difference in FAA content is caused by various mushrooms used in the formulated products.

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Giant gourami juveniles fed the KP3 diet showed higher levels of glutamic acid, aspartic acid, leucine, and lysine and lower levels of tyrosine, methionine, histidine, tryptophan, and cystine in their carcasses than [those fed](#) other diets. The carcasses of giant gourami fed the KP3 diet showed the highest sum of FAAs compared to cultured fish fed the KP1, KP2, and KP4. The differences in the FAA profile in the whole-body carcasses of giant gourami could be related to the fungus type used in the formulated products for enriched feed. Each type of mushroom has a different function depending on the fermented fish feed ingredients and is correlated with the whole-body carcass amino acids^{12,57}. The FAA profile differences could be related to different aspects, such as diet composition⁶¹, dietary protein level⁶², and methionine levels in the diet¹⁸, including the water quality of the ponds⁶³. This study does not analyse the relationship between growth performance and FAA profile or pond water quality. Several authors have reported that the physiological parameters of water quality and animal body composition are usually interrelated^{64,60}. The present study did not examine whether the difference in FAAs in the whole-body carcass is correlated to pond water quality.

The lower weight gain of fish fed the KP1 diet compared to fish fed the KP2, KP3, and KP4 diets shows that a deficiency of either fungus in the formulated product for the enriched diet could lower the protein content and related sum amino acids, leading to the inhibition of giant gourami growth. In addition, it also affects feed intake and feed conversion ratios. The low protein efficiency ratio and daily growth coefficient in fish provided [the](#) insufficient KP1 diet were perhaps [described](#) to an amino acid imbalance. The amino acid content of the KP2, KP3, and KP4 diets increased, ranging from 16.88% to 17.91% after fermentation. The increase may be due in part to the increased protein content in the KP2, KP3, and KP4 diets, which was in line with the results of Jannatullah *et al.*⁵⁷ and Li *et al.*¹², who found that *Aspergillus niger* and *Aspergillus awamori* fermentation increased the amino acid content of soybean meal by 2.56% and 15.56%, respectively. In addition, Dawood *et al.*³⁶ stated that the essential amino acid profile was changed after fermentation by *Saccharomyces cerevisiae*. This might result from the different fungi used having different utilization patterns for amino acids in this study. It influences the growth performance and nutrient utilization of giant gourami juveniles. We found that the methionine proportion was lower in the diets in the current study. In addition, methionine is an essential amino acid that plays a unique role in protein structure and metabolism¹⁸. It is possible that *Aspergillus niger*, *Rhizopus oligosporus*, and *Saccharomyces cerevisiae* fermentation promoted the conversion of specific amino acids to methionine. However, the exact mechanisms need to be studied further.

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In the present study, the thermal growth coefficient (TGC) strongly correlated with the daily growth coefficient (DGC). Because faster daily fish growth requires a quality diet and constant water temperature during the rearing period, in this study, water temperature ranged from 27 to 30°C, and dissolved oxygen was between 5.8 and 6.2 mg /L. According to Besson *et al.*⁶⁵, higher daily energy availability in the diet can lead to faster-growing fish, which is supported by constant water temperature and higher daily oxygen levels. The thermal growth coefficient had an essential change in environmental value⁶⁶. Therefore, it was very important to keep the water temperature and dissolved oxygen constant in the aquaculture locations. At the same time, 78% of TGC values were determined by the condition factor connected to whole body weight and the total fish length. TGC of Atlantic cod, *Gadus morhua*, is influenced by body size and condition factors⁶⁷.

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In this study, a higher value of TGC was detected in ~~fed~~-fish fed KP3; the effect is that the daily growth coefficient, and the protein efficiency ratio is better. Conversely, ~~that~~ decreasing TGC has two effects, *i.e.*, a slowed-downthe growth rate of fish ~~slow~~ and lowered daily feed intake. Many scientists state that in aquaculture operations, net yield (kg/m³) depends upon TGC fluctuation, feed intake, and daily oxygen consumption^{65,68,69}.

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In the present study, feed enrichment with different formulated products did not affect HIS or VFSI except in the KP3 diet. Whereas GSI is influenced by differences in diet, it did not affect BSI. The condition factor of largemouth bass, *Micropterus salmoides* (1.49–1.52%), fed enriched 1–2% EPA + DHA¹⁷ was different from the value (0.68) reported by Arriaga-Hernandez *et al.*⁷⁰ for white snook (*Centropomus viridis*) juveniles fed a 15% replacement of fish meal with soybean meal. Moreover, Hassan *et al.*⁷¹ reported condition factor values ranging from 1.52 to 2.95 and an HSI between 1.4 and 1.5 for *Lates calcarifer* under different feeding rates (3–9% body weight d⁻¹). Barbosa *et al.*⁷² reported VSI and LSI values of 2.24 and 3.86, respectively, for *Centropomus parallelus* fed a commercial diet. On the other hand, Syed *et al.*⁶⁴ also reported HSI and VSI values of 3.41 and 4.90, respectively, for *Oreochromis niloticus* at different levels of aloe vera extract as feed additives. In our study, the VSI of *O. goramy* ranged from 3.17 to 4.15, and the LSIs were between 1.74 and 2.75, both higher than those recorded at different stocking densities of *O. goramy*⁴⁴. The high content of visceral fat observed in fish fed the KP3 diet might be explained by the diet having fat contents that exceed the needs of giant gourami juveniles and by the reduced energy expenditure of fish that are confined to rearing frame nets. Therefore, further analysis is

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necessary to determine the optimum dosage of the formulated product for the enrichment of feed to improve the growth performance of *O. goramy*.

For fish, the gut plays a significant role in absorbing nutrients, which is closely related to feed utilization^{18,73}. Rossi *et al.*²² demonstrated that the development of enterocytes affected the nutrient-absorbing efficiency of the gut of *Micropterus salmoides*. Feeding *Lates calcarifer* juveniles with the same basal diet supplemented with 1% probiotic yeast, *Saccharomyces cerevisiae*, and lactic acid bacteria, *Lactobacillus casei*, revealed a higher number of gut mucosal goblet cells and increased microvillous length⁷⁴. In contrast, substituting as much as 12.5–25% soya protein concentrate with lupin (*Lupinus albus*) meal in carp (*Cyprinus carpio*) diets does not significantly affect the villi length and villi width of the gut⁷⁵. In the current study, enriched feed with products supplemented from coconut water, palm sap sugar, and fungus significantly affected the micromorphology and gut size. The fold height, fold width, enterocyte height, and microvilli of fish fed the KP3 diet were higher than those of fish fed the KP1, KP2, and KP4 diets. The KP3 diet is a relevant formulated product to enrich commercial feed to promote the development of the gut in animal experiments, which may somewhat describe the significant growth performance and feed efficiency used in this study.

Furthermore, the micromorphology gut size of giant gourami is smaller than that of juvenile hybrid grouper¹⁸, turbot, *Scophthalmus maximus*¹², largemouth bass, *Micropterus salmoides*²², and common carp, *Cyprinus carpio*⁷⁵. The trophic food habits of fish may also affect the gut's hF, wF, hE, and hMV size because these habits are correlated with the digestibility coefficient. Under natural conditions, giant gourami is an herbivorous fish, while grouper, largemouth bass, and turbot are predatory fish, and common carp are omnivorous. Whether giving fish from different trophic levels the same diet affects the size of gut hF, wF, hE, and hMV is poorly understood.

5- Conclusions

The present investigation observed that feed ~~was~~ enriched with newly formulated products made from mature coconut water and palm sap sugar, ~~which and~~ fermented with various mushrooms, ~~given to fish in~~with a dose of 150 ml/kg substantially affected the amino acid composition of the diet and whole-body carcass of giant gourami juveniles. It also affected the growth coefficient, feed utilization, body indices, and gut micromorphology size. The thermal growth coefficient had a strong relationship with the daily growth coefficient ($r^2 =$

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91%) and a moderate relationship with the feed intake ($r^2 = 69\%$). The CP3 formulation was optimal for feed quality, and the KP3 diet was optimal for body carcass, growth coefficient, body indices, and the ability of the intestines for feed absorption. Thus, our study also informs fish farmers about culturing good quality giant gourami and fulfilling nutrition requirements for food security.

Data availability

Underlying data

[Figshare: Underlying data for 'Effect of feed enriched by products formulated from coconut water, palm sap sugar, and mushroom on the chemical composition of feed and carcass, growth performance, body indices, and gut micromorphology of giant gourami, *Osphronemus goramy* \(Lacepède, 1801\), juveniles'. <https://doi.org/10.6084/m9.figshare.20407647>⁷⁶](https://doi.org/10.6084/m9.figshare.20407647)

This project contains the following underlying data:

- Table 1. Raw data of the experimental diets' proximate composition
- Table 2. Raw data of amino acid of feed experimental
- Table 3. Raw data of whole body carcass proximate composition
- Table 4. Raw data of amino acid of whole-body carcass
- Table 5. Daily growth coefficient, feed utilization and body indices of giant gourami after 90 days of feeding.
- Table 6. Raw data gut micromorphology of giant gourami juveniles fed different diets for 90 days

[Data are available under the terms of the Creative Commons Attribution 4.0 International License \(CC-BY 4.0\).](https://creativecommons.org/licenses/by/4.0/)

Declaration of Competing Interests

We, as the authors of this article, disclosed no competing interests.

Grant information/Acknowledgments

~~We are grateful to~~ the Ministry of Education, Culture, Research, and Technology of the Republic of Indonesia ~~under funding~~ this research under grant number: 076/E5/PG.02.00.PT/2022.

Acknowledgments

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We are grateful to the Ministry of Education, Culture, Research, and Technology of the Republic of Indonesia for funding this research.

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Competing Interests

Declaration of Competing Interest

We, as the authors of this article, disclosed no competing interests.

Acknowledgments

We are grateful to the Ministry of Education, Culture, Research, and Technology of the Republic of Indonesia for funding this research under grant number: 076/E5/PG.02.00-PT/2022

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