

## CHAPTER 5

### CONCLUSION AND SUGGESTION

#### 5.1 Conclusion

Humans are motivated to fulfill their needs in order to continue living. They tend to prioritize their basic needs first, then continue to fulfill higher needs, known as the Hierarchy of Needs. This study discusses the hierarchy of needs depicted by Mei as the main character in *Turning Red*. Besides that, this study also discusses the characteristics of self-actualization portrayed by Mei in *Turning Red*. Both problems are analyzed by applying the theory of Abraham Maslow. Based on Maslow's theory, the writer found that Mei successfully fulfilled 5 levels of the hierarchy of needs, there are physiological needs, safety needs, belongingness and love needs, esteem needs, and self-actualization.

The first is physiological needs, the writer found 7 data. Mei has no difficulty in getting a place to live, food, air, and sleep. In getting a place to live, Mei does not feel any difficulties because she lives with her parents and Mei is still a minor, then Mei's food needs are always provided by her mother. The second is safety needs, the writer found 4 data. Mei gets security and protection from her parents and her ancestors. Besides that, Mei also does not break the law according to the laws in her town. The third is belongingness and love needs, the writer found 3 data. Mei can fulfill the needs of belongingness and love from her parents and best friends because they are always by her side. Besides that, Mei belongs to the club of her favorite group, 4\*Town. The fourth is esteem needs, the writer found 6 data. Mei is a passionate, ambitious, and self-confident child. Mei almost mastered

all fields and got perfect scores on every test. This gives Mei a lot of recognition and makes her a person who has high self-confidence. The last is self-actualization needs are the highest needs in Abraham Maslow's hierarchy of needs theory, the writer found 2 data. Mei can fulfill this need because she has managed to go to her favorite boy band concert and can control her red panda.

Based on the explanation of the hierarchy of needs portrayed by Mei above, the needs that are difficult and require more effort to be fulfilled are self-actualization needs. This is because self-actualization is the highest need based on the hierarchy of needs. Mei has to go through various things to get to this highest level. She had to try to get the money to buy concert tickets and cancel the ritual that initially made her family angry in order to go to the 4-Town concert she had been dreaming of. Then, Mei also goes through several challenges so that she can control her various emotions to control her red panda so that it does not change easily.

All individuals have the potential to be self-actualization. Individuals who successfully fulfill their self-actualization needs are also known as actualized people and have specific characteristics that are different from others. Based on Abraham Maslow's theory, there are 15 characteristics of a self-actualization person. However, the writer found 7 characteristics of self-actualization that Mei has. The first is acceptance of self, others, and nature, the writer found 2 data. Mei accepts all the labels given by her teacher and friends. Besides that, she also accepts her red panda. The second is spontaneity, simplicity, and naturalness, the writer found 2 data. She expresses her feelings such as anger, disappointment, and sadness

spontaneously and does not hide them anymore. The third is problem centering, the writer found 1 data. Mei not only focuses on her problems but also helps solve other people's problems. The fourth is continued freshness of appreciation, the writer found 1 data. Mei feels grateful for what is given to her no matter how small it is. The fifth is democratic character structure, the writer found 1 data. She is friends with her three best friends without caring about the personality differences between them. The sixth is creativeness, the writer found 1 data. Meilin's creativeness is formed spontaneously by utilizing her red panda and making red panda theme items that will sell to her schoolmates. She will earn money to be able to buy tickets for her favourite boy group concert. The last is resistance to enculturation, the writer found 1 data. Mei chooses to keep her red panda which makes her decision different from Lee's female descendants who prefer to lock their red pandas.

Based on the explanation of the characteristics of self-actualization portrayed by Mei above, the most prominent characteristics that Mei portrays are acceptance of self and spontaneity. This is because after Mei actualizes herself, she can accept her red panda because it represents her most emotional, messy, and true self. In addition, Mei can also reveal things that she has been keeping and not hide them anymore in front of her family.

In conclusion, when Mei is in her human form she can fulfill her basic needs, safety needs, belongingness and love needs, and esteem needs. This is also due to the help provided by her parents. Meanwhile, when Mei turns into a red panda, she can achieve and fulfill self-actualization needs. This is because when Mei is in her red panda form, she can earn money to be able to go to the 4-Town

concert that she has been dreaming of. Then, she has also managed to control her emotions and her red panda which makes her prefer to keep her red panda. This makes Mei an actualized person and has several characteristics of self-actualization.

## **5.2 Suggestion**

The writer hopes that after reading this thesis, readers can understand the hierarchy of needs and characteristics of self-actualization. In addition, readers can also study this because this is an issue that is around us and in our daily lives. After compiling and analyzing this study, there are several suggestions for future researchers. Firstly, if future researchers are interested in the movie *Turning Red*, this movie has many aspects that can be analyzed using other psychology theories or analyzing intrinsic elements in this movie. Secondly, the movie *Turning Red* can still be used by future researchers as an object of analysis by analyzing Ming Lee's self-actualization as another character who has a big role in the movie. Third, if future researchers are interested in using Abraham Maslow's Hierarchy of Needs theory, a possible work to be used as a research object is Disney movie *Moana* (2016).

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