



**OBSESSIVE LOVE DISORDER OF THE MAIN CHARACTER  
IN THE MOVIE *ONLY MINE***

**THESIS**

*Submitted to Fulfil a Partial of Requirement for S1 Degree in  
The English Department Faculty of Humanities Bung Hatta University*

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**2023**



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## STATEMENT OF ORIGINALITY

This is to certify the originality of this thesis which I now submit to fulfill a requirement for an S1 in The English Department Faculty of Humanities Universitas Bung Hatta. The content of this thesis is entirely my work. All assistance received in writing this thesis and the sources cited have been acknowledged within the text of my work.

Padang, 07 Desember 2023



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## **ACKNOWLEDGEMENT**

First and foremost, I would like to praise and thank Allah SWAT, the almighty, who has granted countless blessings, knowledge, and opportunity to the writer, so that I have been finally able to accomplish the thesis. Apart from the efforts of me, the success of this thesis depends largely on the encouragement and guidelines of many others. I take this opportunity to express my gratitude to the people who have been instrumental in the successful completion of this thesis. The writer hardly knows where to start expressing the gratitude but for sure the gratitude goes to all those who have assisted her in the process of completing this thesis. It would be impossible to list all names but several people deserve her sincere and special thanks. As a result, on this occasion, that writer wishes to express deep appreciation to:

1. I would like to thank Diana Chitra Hasan, M.Hum., M.Ed., Ph.D., Dean of the Faculty of Humanities Universitas Bung Hatta.
2. I would like to thank Dra. Nova Rina, M.Hum., Head of English Department Faculty of Humanities Universitas Bung Hatta.
3. I would like to show my greatest appreciation to Femmy Dahlan, S.S., M.Hum as the thesis supervisor. I can't say thank you enough for her tremendous support and help. I feel motivated and encouraged every time I attend her meeting. Without her encouragement and guidance, this thesis would not have materialized.

4. I would like to thank My examiners Dr. Elfiondri, S.S., M.Hum and Dra. Nova Rina, M.Hum., for giving detailed feedback and ideas during the examination.
5. Special thanks are extended to my beloved parents Abu Nasar and Hasni for having given their unfailing support and encouragement during the academic year and the completion of this thesis. My siblings Rizal, Ferdi, and Andre for their continued help and support.
6. I am so grateful to have two close friends who always support me. My appreciation goes to Allesia Alsafitri and Annisa Maharani Miranda. You have always been a good listener for every problem I faced, especially when I had to revise this thesis and start it again and again.
7. I would also like to thank my cats Roberto, Milo, and Lio for all the amusement and emotional support.
8. Thank you to my best buddy Uti who always supports me in finishing this thesis.
9. My thanks to My comrade-in-arms (SastraPass) Siti Aisyah Aulia, Sarah Auleri, Herliani, and Danial Nozarinda Albar, who always give ideas, knowledge, and support me.

**OBSESSIVE LOVE DISORDER OF THE MAIN CHARACTER  
IN THE MOVIE *ONLY MINE***

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**ABSTRACT**

This is an analysis of the movie titled *Only Mine*. David Barragan is the main character who experiences psychological problems in his romantic relationship with his partner. David's psychological problem is obsessive love disorder. This analysis aims to describe the behaviors of obsessive love disorder and violent acts committed by David. The writer uses the psychological theory of Forward and Buck, namely obsessive love disorder. The data was analyzed using qualitative methods. From the fifteen obsessive love disorder behaviors, the writer only found eight types of behaviors of obsessive lover disorder. For these eight types of obsessive love disorder behaviors, there are 14 data found. For the thrill of new romance, the writer found 3 data, 1 data on rejection anxiety, 1 data on denying the undeniable, 1 data on acting through self-punishment, 1 data on telephone lifelines, 2 data on unannounced visits, 2 data on stalking, and finally there were 3 data on obsessive jealousy. Meanwhile, regarding the violent actions, the writer found 3 data about emotional violence, 2 data on against property, 1 data on physical violence, and finally 2 data on the obsession that leads to murder. David demonstrated gradual violence towards Julie, starting with emotional attacks, which made her afraid. He then attacked Julie's property, eventually resorting to physical violence, ultimately attempting to murder her. Proving that violence alone was insufficient for relationship maintenance. So it can be concluded that David, with an obsessive love disorder, aims to maintain his relationship with Julie, fearing his loss. Unconsciously, he resorts to violent actions, eventually killing Julie when she no longer wants to be with him.

***Keywords: Only Mine, David, Obsessive Love Disorder, and Violent Actions***

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## CHAPTER I

### INTRODUCTION

#### 1.1 Background of the Study

*Only Mine* is one of the psychological thriller movies. This movie tells the story of a policeman named David Barragan who is in a relationship with Julie Dillon. David and Julie's relationship seemed like going so well at the beginning. David was introduced by Julie to her mother who lives with her. David also took Julie to his father's cottage. However, as time went on, David became over-possessive of Julie. David often showed his jealousy towards Julie. For no reason, David is frequently suspicious and jealous of Julie's coworker Tommy. David would get so concerned when Julie was not with him. Even when he knew that Julie was at Suzanne's house to babysit, David still called Julie repeatedly. Julie's unresponsiveness makes David so worried resulting in him approaching her at Suzanne's house and inquiring her for reasons. David's behavior shows that he cannot be separated from Julie. When he cannot meet Julie, he begins stalking her just to find out what she is doing. Julie began to feel that the behavior shown by David was a red flag that should be aware of. Julie realized that her relationship with David already belonged to a toxic relationship. Julie also tried to stay away from David by asking her mother to call her acquaintance, Chief Dodd, to give a report and tell David to stay away from Julie. David's behavior increasingly made Julie frightened and paranoid.

Based on the explanation above, David's behavior manifested signs of obsessive love disorder. Obsessive love disorder is the desire to see your loved

one thrive and become something else. Obsessive love disorder is a fixation on protecting or even controlling them. That feeling of love can turn into an obsession, and you may begin to see the person you love as more of a possession than an independent human being (Goldman).

People with obsessive love disorder, like those with other mental illnesses, have varying levels of intensity and desire to fulfill. As a result, the presence of this illness is not limited to obviously sick people because many behaviors of mental illnesses go unnoticed by the untrained eye. Some people may be open about their behavior, while others may be more subtle. The behavior is usually an overwhelming attraction to one person, obsessive thoughts about the person, a need to protect the person in love, possessive thoughts and actions, and extreme jealousy over other interpersonal interactions. Obsessive love Disorder (OLD) is a relatively uncommon illness that few people are aware of because it affects less than 0.1 percent of the population (Cherney).

As mentioned above by Cherney, only a few people know about obsessive love disorder. This shows that many people who are in a relationship do not realize that their behavior could be categorized into Obsessive Love Disorder. Therefore, as a writer, I would like to raise this topic in my research which will explain how people with obsessive love disorder behave and the impact of obsessive love disorder, so that this research can at least help readers to understand about obsessive love disorder.

The urgency of this research raises an issue that is so close to our lives which is love. Love is one of the most relevant aspects of human life because it

has a significant impact on relationships, emotions, and social interactions. Love is a universal substance that is an essential component of human life. Ahmadi et al affirm love is often represented as an all-consuming emotion, people who are in love do everything in their power to gain the kinds of love they want or believe they deserve. If exaggerated, this can lead to actions that encourage people to reach out for love and do everything in their power to get it. This behavior can also be triggered by mental illness, as well as social learning processes and cultural influences. Childhood developmental experiences, such as the formation of social attachments, can also result in obsessive love (697).

The reason the writer chose *Only Mine* is that the movie is based on a true story. *Only Mine* can be proven as the fact that obsessive love disorder happens in the real world. Movies based on their true stories can take the audience deeper into the real human experience. They remind us that the challenges of obsessive love disorder are all around us. In addition, the making of this movie is unique because it combines interviews with the storyline.

Research on obsessive love disorder has previously been done. However a study on obsessive love disorder using *Only Mine* as its object has not been conducted. This is based on a tracking by the writer on the internet media.

## **1.2 Research Questions**

Two research questions will help the writer analyze the movie *Only Mine*. The two research questions are:

1. How are David's Obsessive Love Disorder behaviors portrayed in *Only Mine*?

2. How are David's violent actions of Obsessive Love Disorder portrayed in *Only Mine*?

### **1.3 Objective of the Study**

This research has two objectives to find out the answer to the given research questions.

1. To describe David's Obsessive Love Disorder behaviors portrayed in *Only Mine*.
2. To describe David's violent actions of Obsessive Love Disorder portrayed in *Only Mine*.

### **1.4 Scope of the Study**

To keep the discussion focused, the writer chose the movie *Only Mine*. Even though there are numerous characters in the film, the writer focuses just on David the main character. This movie also addresses a variety of other issues, but the writer focuses on obsessive love disorder.

### **1.5 Significance of the Study**

This research is mainly expected to contribute to the academic community of the English Department. The significance of this research can be categorized into two groups. Theoretical significance is aimed at assisting students who want to conduct research related to obsessive love disorder, particularly in literary work. It will be one of their guidelines. Practical significance is aimed at helping the students explore and comprehend more about obsessive love disorder. Therefore, the students can explore, comprehend, and broaden their views on obsessive love disorder through this research.