

CHAPTER V

CONCLUSION AND SUGGESTION

In this chapter, the writer presents the conclusion and suggestions following the findings of the study. The conclusion is the answer to the research questions presented by the writer in the first chapter, they are how are David's Obsessive Love Disorder behaviors portrayed in *Only Mine*, and how are David's violent actions of Obsessive Love Disorder portrayed in *Only Mine*? In addition, this chapter also provides suggestions for readers and future researchers.

5.1 Conclusion

The research findings show that the writer found how David's obsessive love disorder behavior and the violent acts committed by David. There are 8 obsessive love disorder behaviors shown by David, they are, the thrill of new romance, rejection anxiety, denying undeniable, acting through self-punishment, telephone lifelines, stalking, unannounced visits, and obsessive jealousy. In this obsessive love disorder behavior, the writer found a total of 14 data which are divided into the thrill of new romance the writers found 3 data, 1 data about rejection anxiety, 1 data about denying undeniable, 1 data about acting out through self-punishment, 1 data about telephone lifeline 2 data about unannounced visit, 2 data about stalking and the last there are 3 data about obsessive jealousy. In the first finding, the behavior shown by David is a form of anxiety that is very afraid of his relationship with Julie ending and is not ready to lose Julie in his life. David seeks more attention and reassurance. Meanwhile, for David's violent acts. David showed all the types of violence he committed against

Julie. Starting from emotional violence, violence against property, physical violence, and the last one is an obsession that leads to murder. The writer found a total of 8 violent acts committed by David. 3 data on emotional violence, 2 data on against property, 1 data on physical violence, and the last 2 data on obsession that leads to murder. On the second finding. David showed all the acts of violence which showed that the level of violence David committed was gradual. Starting from David's action of attacking Julie emotionally. the action succeeded in making Julie afraid. However, making Julie afraid was not enough to maintain the relationship David began to attack Julie's property. David realized that attacking Julie's property didn't work either. David began to do things that were brave enough to attack physically. When physical violence also did not make David successful in maintaining his relationship, David dared to take steps to murder his partner. So it can be concluded that David as a sufferer of obsessive love disorder has the goal of maintaining his relationship so that it does not end. Because David's biggest fear is losing Julie in his life. David unconsciously due to his behavior, Julie realized that there was something wrong with David. When David faces that his relationship is difficult to maintain, David takes another way to maintain the relationship by committing acts of violence, which David does gradually. The violent acts committed by David are a form of David's revenge on Julie. David realized that Julie no longer wanted to be with him so David killed his partner. David does not accept the rejection of his love by Julie and does not accept the fact that David and Julie cannot be together. David really felt betrayed

by Julie, so David was desperate to shoot Julie with a gun as a form of disappointment to Julie.

5.2 Suggestion

The writer hopes that the readers of this thesis can help the readers in understanding Obsessive love disorder, can find out what behaviors are carried out by obsessive love disorder and this obsessive love disorder behavior can lead to acts of violence. The writer hopes that readers can be aware of this considering that the problem of romance is very close to our lives. Therefore, if there are imperfections, other researchers can complete it. Also, they can use this thesis as a source for their research or thesis. Then, other researchers can look at other subjects to identify obsessive love disorder that can provide more examples from this study. Future researchers can use the same movie source to be the object of further research with different psychological viewpoints an example of this is psychopathic behavior using the theory of Robert D. Hare or can use the same theory with different sources.

WORKS CITED

- Amazon.com. www.amazon.com/Only-Mine-Amber-Midthunder/product-reviews/B07PGBWQYN?reviewerType=all_reviews. 8 November 2022. 30 June 2023.
- Association, American Psychological. "APA Dictionary of Psychology 2nd Ed [2015]." *American Psychological Association* (2015): 1-1221.
- Cherney, Kristeen. www.healthline.com/health/obsessive-love-disorder. 10 January 2018. 30 June 2023.
- Creswell, John W. Creswell, J. David. "Mixed Methods Procedures." *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches* (2018): 1-418.
- Duprey, David. www.thatmomentin.com/only-mine-review/. 20 January 2019. 30 June 2023.
- Emir, Badegül Can. "Literature and Psychology in the Context of the Interaction of Social Sciences." *Khazar Journal of Humanities and Social Sciences* (2016): 49-55.
- Forward, S, Buck. C. "Obsessive Love: When It Hurts Too Much to Let Go." (2002).
- Goldman, Rachel. www.verywellmind.com/obsessive-love-disorder-definition-symptoms-causes-5203954. 03 May 2023. 30 June 2023.
- IMDb. www.imdb.com/title/tt9271164/reviews?sort=curated&dir=desc&ratingFilter=10. 10 January 2019. 30 June 2023.
- Malgorzata Ciesielska, Katarzyna W. Boström, and Magnus Öhlander. "Qualitative methodologies in organization studies." *Qualitative Methodologies in Organization Studies* (2017): 1-264.
- Only Mine*. Dir. Michael Civille. 2019.
- ThatMomentIn. www.thatmomentin.com/only-mine-review/. 10 January 2019. 30 June 2023.
- Vahid Ahmadi, Iran Davoudi, Maram Ghazaei, Maryam Mardani, Soroush seifi. "Prevalence of Obsessive Love and Its Association with Attachment." *Procedia - Social and Behavioral Sciences* (2013): 696-700.

Wildemuth, Yan Zhang and Barbara M. "Qualitative Analysis of Content."
(2005): 1-12.

Young, Matt. www.subslikescript.com/movie/Only_Mine-9271164. 2019. 30 June
2023.