

BAB V

PENUTUP

5.1. Kesimpulan

Berdasarkan kepada uraian analisis statistik dan pembahasan yang telah dijelaskan pada bab sebelumnya maka diajukan beberapa kesimpulan penting yang merupakan jawaban dari permasalahan yang diajukan dalam penelitian ini yaitu:

1. Keadilan Distributif berpengaruh negatif terhadap perilaku kerja kontraproduktif pada karyawan PT.Bintang Toedjoe Cabang Padang.
2. Stres Kerja berpengaruh positif terhadap perilaku kerja kontraproduktif pada karyawan PT.Bintang Toedjoe Cabang Padang.
3. Kepuasan Kerja tidak berpengaruh terhadap perilaku kerja kontraproduktif pada karyawan PT.Bintang Toedjoe Cabang Padang.

5.2. Implikasi Penelitian

Kesimpulan hasil pengujian hipotesis terdapat implikasi penting dari penelitian ini yang dapat bermanfaat bagi:

1. Pimpinan perusahaan, diharapkan dapat mempertahankan serta meningkatkan sistem kompensasi dan penghargaan yang didesain dengan prinsip keadilan. Dapat diketahui, transparansi dalam pemberian gaji, bonus, dan insentif sangat penting untuk mencegah ketidakpuasan yang bisa memicu perilaku kerja kontraproduktif. Dengan begitu, pimpinan perusahaan dapat

menciptakan lingkungan kerja yang lebih adil, meningkatkan kepuasan dan motivasi karyawan, maka hal itu dapat mengurangi perilaku kerja kontraproduktif. Hal ini tidak hanya bermanfaat bagi kesejahteraan karyawan tetapi juga bagi produktivitas dan keberhasilan jangka panjang perusahaan.

2. Pimpinan perusahaan, diharapkan mampu menilai dan menyesuaikan beban kerja karyawan untuk memastikan bahwa tidak ada yang terlalu terbebani, dikarenakan jika pembagian tugas terjadi secara adil dan realistik maka dapat mengurangi stres yang disebabkan oleh beban kerja yang berlebihan. Serta mampu menciptakan lingkungan kerja yang nyaman dan mendukung, baik secara fisik maupun psikologis, untuk membantu karyawan merasa lebih rileks dan kurang stres.
3. Pimpinan perusahaan, diharapkan mampu meningkatkan kembali kepuasan kerja yang dimiliki oleh karyawan serta memperhatikan kesejahteraan karyawan. Dengan cara lebih memastikan kembali komunikasi yang terbuka dan transparan antara manajemen dan karyawan. Karyawan yang merasa didengarkan dan dihargai cenderung lebih puas, dan mampu meningkatkan sebuah program dalam menyediakan jalur karir yang jelas dan kesempatan untuk pengembangan profesi. Karyawan yang melihat peluang untuk berkembang cenderung lebih puas dan kurang kontraproduktif.

5.3. Keterbatasan dan Saran Untuk Peneliti Selanjutnya

Sesuai dengan hasil kesimpulan dari pengujian hipotesis yang telah dilakukan, masih banyak kelemahan dan keterbatasan yang dirasakan oleh peneliti diantaranya yaitu:

1. Pada penelitian ini objek penelitian yang dipilih ialah sebuah perusahaan Badan Usaha Milik Swasta yang bergerak di bidang farmasi, disarankan untuk peneliti selanjutnya untuk meneliti di perusahaan Badan Usaha Milik Negera di Indonesia terutama yang bergerak di bidang farmasi.
2. Dalam pengumpulan data, penelitian ini menggunakan kuesioner. Oleh karena itu, data yang dikumpulkan hanya menggambarkan pendapat karyawan PT.Bintang Toedjoe Cabang Padang terhadap kinerja mereka, dan peneliti tidak bisa mengontrol jawaban responden sehingga memungkinkan data yang dihasilkan mempunyai kesempatan terjadinya bias.
3. Dalam penelitian ini menggunakan konsep pengaruh langsung, disarankan untuk peneliti selanjutnya menggunakan konsep pengaruh tidak langsung seperti, variabel mediasi atau variabel moderasi.
4. Keterbatasan jumlah sampel relatif sedikit dalam penelitian ini, disarankan bagi peneliti di masa yang akan datang agar menambah jumlah sampel sehingga generalisasi hasil penelitian lebih baik dan tepat.
5. Variabel kepuasan kerja tidak dianjurkan dikarenakan banyaknya ditemukan item pernyataan yang tidak valid, disarankan untuk peneliti selanjutnya memilih variabel lain selain variabel kepuasan kerja.

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