

## **CHAPTER IV**

### **CONCLUSION**

The focus of this research is anxieties experiences by the main character in the novel. Anxiety is an excessive disorder of something that is considered threatening and harmful. The anxiety resulted the emergence feelings of fear, worry, and nervousness. There are two types of anxieties is found in *Turtles All The Way Down* written by John Green. In this research the writer conducted a study of the main character that experienced namely Aza Holmesy. The main character is described have a mental health disorder it is named obsessive compulsive disorder.

In this study the writer found the types of anxieties that made unpleasant feelings of the character is come. The types of anxieties experienced by the main character are state anxiety and trait anxiety. The anxieties experienced by main character is fear of contamination with bacteria *clostridium difficile* that hinders the main character doing the daily activities. The dominant anxieties run into by the main character is trait anxiety. It happens caused the anxiety have been characterization personality of the main character.

After the characters experienced anxieties, the writer found that main character experienced defense mechanism to avoid the anxieties. The defense mechanism is found by the writer of main character are displacement, denial, repression, fantasy and turning against. The defense mechanism used by main character as a result from state and trait anxiety. Defense mechanism which is often used is denial; that can be seen of main character who denies the emergence of excessive anxiety and fear.

In conclusion, anxiety is a form of unpleasant feelings that the main character receives. The anxieties happens due to the situations or events that are considered endanger and threaten which can cause apprehension of the patient. The anxiety has an impact through not being able to socializing with the environment and it is difficult to doing normal daily activities.